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Muckleshoot MONTHLY



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National Museum of the American Indian Celebrates 20th Anniversary



WASHINGTON, DC – The first director of the Smithsonian Institution, Joseph Henry, ordered his staff in 1846 to document the cultures and languages of American Indians—before they disappeared.

“He was wrong,” Senator Daniel K. Inouye (D-Hawaii) told 400 people gathered earlier this month at the Smithsonian’s National Museum of the American Indian 20th Anniversary Gala. “Indian tribes are flourishing.”

The black-tie gala in the museum’s Potomac Atrium raised over \$450,000 for museum programs, and featured the Arizona California Territorial Bird Singers, the Metis Fiddler Quartet and Buffy Sainte-Marie. Classic rock band InKompliant of Temecula, Calif., rounded out the festivities. Speakers, including Director Kevin Gover, reflected on how unlikely a museum like this one seemed in the 1980s.

“Within the lifetimes of many of us here, the official policy of the United States was the termination of American Indian tribal existence,” said Gover, who took over the museum leadership in December 2007. “And yet, here we sit, in a great institutional center of living Native cultures, just a stone’s throw from the capitol of a mighty nation.”

Inouye and former Senator Ben Nighthorse Campbell, Northern Cheyenne, were honored for their role in the founding of the museum, sponsoring legislation that established it on Nov. 28, 1989. The Oct. 7 gala also marked the fifth anniversary of the museum on the National Mall, the 10th anniversary of the Cultural Resources Center in Suitland, Md., and the 15th anniversary of the museum in New York.

Campbell recalled Inouye saying, “‘Washington is a city of monuments, but there is not one for American Indians.’ From the beginning we wanted it to be a living, breathing place.”

On Sept. 21, 2004, when the museum on the National Mall opened, Campbell remembers being so elated that he danced to the music from a powwow drum on the museum’s plaza.

More than 25,000 Native people marched on the National Mall that day to mark the opening of a museum that would tell the real stories of indigenous America. Richard Kurin, the Smithsonian Under Secretary for History, Art and Culture, recalled the people walking “hand in hand, in regal procession, whether on cell phones or in wheelchairs, with eagles flying overhead.”

It was a long journey to opening from 1989. Kurin told the celebrants that it was clear from the beginning, “No Quonset hut would do for the collection.”

The world-class collection acquired from the Museum of the American Indian in New York, included 800,000 objects acquired a century earlier by collector George Gustav Heye. The 18th Smithsonian museum would need to be a showcase of American Indian design, and a landmark 400 yards from the U.S. Capitol, a state-of-the-art collections center in Maryland and a museum in the Alexander Hamilton U.S. Custom House in New York.

Starting in 1989, founding museum director W. Richard West, Jr., Southern Cheyenne and Arapaho, traveled Indian Country speaking about the vision for this museum which would be like no other.

“I remember listening to Rick in the early 1990s when I was president at Haskell Indian Nations University, and it was hard to imagine what he was talking about,” said Robert Martin, who is Cherokee and the current president of the Institute of American Indian Art in Santa Fe. “To see this manifested is a striking tribute to our people.”

The development of the museums took many throughout Indian Country. In attitude, the effort displayed an intellectual resistance to the way Indians have historically been portrayed in America and instead demanded respect.

“This museum was not built only by architects, workers and donors,” Gover said. “It was also built by Native thinkers, Native culture-bearers, and Native artists.”

If the museum’s anniversaries are a milestone, they are also the foundation, he said, for a museum—which like its sibling museums in the Smithsonian Institution—will stand indefinitely in the heart of the nation. The museum’s work is “no less than to change what the world knows about Native peoples of the Americas and Hawaii.”

“We do all this out of a belief that the ancient wisdom of Native peoples, as expressed in contemporary lives,” Gover said, “holds promise not only for continuing the recovery of the tribal nations, but for meeting the challenges facing all of humanity.”

CANDIDATES NOMINATED FOR TRIBAL ELECTIVE OFFICES

MUCKLESHOOT – Tribal members assembled for this year’s Public Caucus on Thursday, October 8, 2009, in the Cougar Room of the Philip Starr Building to nominate candidates for the elective offices of the Muckleshoot Indian Tribe. Five (5) offices will be voted on this year, including three (3) positions on the Tribal Council and two (2) positions on the Tribal School Board.

The Tribal Council positions up for election are currently held by Tribal Chairwoman Charlotte Williams and Tribal Council members Stanley Moses and Virgil Spencer. All three incumbents were nominated for another term, but Moses has officially declined his nomination and will not be seeking another term.

A total of twelve (12) individuals were nominated for the three Tribal Council positions. In addition to Moses, two others officially declined their nominations: LeeRoy Courville Sr. and Rhonda Harnden, leaving a total of nine (9) candidates, as follows:

- Mike Jerry
- Marvin Moses, Sr.
- Phillip Hamilton
- Linda Starr
- Janet Emery
- Tammy Byars
- Virgil Spencer
- Charlotte Williams
- Mark James

Four candidates were nominated for three-year terms on the Muckleshoot School Board. They were:

- Anita Pedro
- Elaine Baker
- Luella Sandovol
- Sharon Curley

The two seats up for election are currently held by Anita Pedro and Elaine Baker.

As this edition of the newspaper went to press, the candidate list had not yet been certified, and it should be noted that it will not be final until this is done.

Tribal elections are held annually, with one-third of the nine-member Tribal Council coming up for election each year. The three with the highest vote totals are elected to serve three-year terms on the Tribal Council.

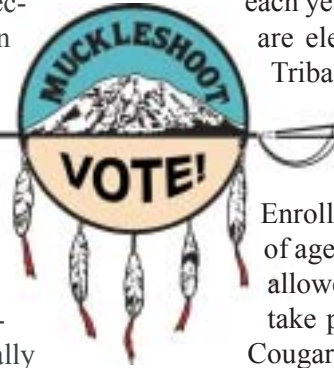
The date of the tribal election is always the third Monday in January, which this year falls on January 18. Enrolled tribal members who will be 18 years of age or older as of the day of the election are allowed to participate in the voting, which will take place from 8:00 AM to 8:00 PM in the Cougar Room of the Philip Starr Building.

It is also possible to vote via absentee ballot. Requests for absentee ballots must be received by the Election Administrator not later than November 19. The absentee ballots will be mailed out on December 3. In order to be counted toward the voting totals, completed absentee ballots must be received not later than the Friday before the election, which will be Friday, January 15.

Any further questions about the 2010 tribal elections can be referred to Election Administrator Jackie Swanson. Her number is 253-876-3260, or you can stop by her office at Room 234 of the Philip Starr Building.

DATES TO REMEMBER

- November 19:** Deadline for receipt of absentee ballot requests
- January 15:** Deadline for receipt of completed absentee ballots
- January 18:** Election Day



2010 NOMINEES

Tribal Council

(3 positions)

- Mike Jerry
- Marvin Moses, Sr.
- Phillip Hamilton
- Linda Starr
- Janet Emery
- Tammy Byars
- Virgil Spencer
- Charlotte Williams
- Mark James

School Board

(2 positions)

- Anita Pedro
- Elaine Baker
- Luella Sandovol
- Sharon Curley

Muckleshoot / Puyallup Tribes co-host 2009 ATNI Conference

TACOMA – The Muckleshoot and Puyallup Tribes shared the honor of hosting the 53rd Annual Conference of the Affiliated Tribes of Northwest Indians (ATNI) September 20 through 24 at the beautiful new Tacoma Convention Center. Located downtown adjacent to the Murano (formerly Sheraton) Hotel, the brand-new facility, with its towering glass walls opening up views in all directions, provided a perfect setting for the conference.

ATNI members, including the elected leaders of tribes from Alaska, California, Idaho, Montana, Nevada, Oregon and Washington, began streaming in on Sunday. On Monday morning the conference began in earnest. The Kalispell Tribe hosted a continental breakfast as scores of vendors and exhibitors set up their booths in the convention center’s spacious atrium court and conference attendees signed in at the registration desk.

Long-time Swinomish Tribal Chairman Brian Cladoosby, who is the current President of ATNI, gavelled the meeting to order just after 8:00 a.m. The Muckleshoot Inter-Tribal Warrior Society and Puyallup Tribal Veterans posted the colors and, after an invocation, the huge general session of the conference, which filled a large auditorium, began its work.

In order to address the vast array of issues facing Native America, ATNI’s work is done largely by committees that focus on specific issue areas, including Culture/Elders, Economic Development, Education,



Muckleshoot Tribal Chairwoman Charlotte Williams, ATNI President and Swinomish Tribal Chair Brian Cladoosby; ATNI Executive Director Cleora Scott and Puyallup Tribal Council member David Bean at the Tacoma Convention Center.

Gaming, Health, Housing, ICW/Social Services, Law and Justice, Native Vote, Natural Resources/Land, TANF, Taxation, Telecommunications and Energy, Tribal Employment Rights, Transportation, Trust Reform, Veterans, and Youth.

The business of the conference went on all day, every day, alternating between concurrent committee meetings and general sessions at which the committees gave reports, presentations were made by experts in various fields, and speeches were delivered by elected officials and other dignitaries.

In the evenings, the two host

tribes provided opportunities for socializing ranging from culture to karaoke. On Monday, buses carried visitors from many tribes to the Muckleshoot Pentecostal Church for a Culture Night presented by the Muckleshoot and Puyallup Canoe Families. On Tuesday, both tribes co-hosted a gala banquet at the Emerald Queen, and on Wednesday the Puyallups sponsored a night of comedy and karaoke.

The conference was much more about hard work than entertainment, however, and by the time evening rolled around most simply retired to their rooms to prepare for the next

day’s meetings. ATNI, along with the National Congress of American Indians (NCAI), and the Washington and National Indian Gaming Associations (WIGA and NIGA) is, and always has been, on the front line of protecting tribal sovereignty. History has proven that hard-won treaty rights will be eroded by their enemies if tribes aren’t ever-vigilant. Organizations such as ATNI provide a forum where tribal elected leaders can unite to protect the gains that have been made and work together to build a brighter future for generations yet to come.

PHOTO BY JOHN LOFTUS



Raising Public Awareness of Washington Tribes

A series of 30-second advertisements designed to raise public awareness of and support for Washington State Indian Tribes recently began airing on cable television stations. The ads showcase various tribal projects, demonstrate how Washington Tribes are investing in their communities and how those investments help not only tribal members, but also the broader public. The Muckleshoot Tribal Council supports this public awareness effort and we want to explain how this program came about and why it is important.

In 2004 the private gambling industry sponsored Initiative 892, a measure that would have allowed electronic gaming in non-tribal cardrooms. Recognizing the potentially devastating impact approval of that initiative would have on tribal casinos, Washington Tribes quickly organized the No on I-892 campaign to defeat the initiative. As a part of that successful campaign, tribes undertook extensive opinion research to help us better understand the public perception of tribes and tribal casinos. That research showed that people were largely uninformed about tribes but, when presented with facts, had favorable and supportive opinions.

Experience with I-892 led to a more concerted tribal effort to educate the public about tribes and tribal government. We believe a public education campaign is important to not only protect tribal gaming, but also to gain support for our broader policy agenda.

In February this year tribes came together again, under the auspices of the Washington Indian Gaming Association, to support the production and airing of a public information campaign to raise awareness about tribal governments. We felt it was important to tell the broader public how tribes are investing casinos revenues in their communities and what those investments mean to tribal members and the Washington State economy.

Six 30-second commercials were produced this summer by a Native American production company and can now be seen on such popular cable channels as CNN, Fox, ESPN, Northwest Cable News, and the History Channel. The commercials highlight how tribal government investments are benefiting tribal members, the local community and all citizens of the Washington State. The spots focus on six core investment areas and specific projects:

- Education and the new Muckleshoot K-12 School
- Economic development and the Puyallup Port Container Terminal
- Health Care and the Jamestown Family Health and Dental Clinics
- Natural Resources/environmental protection and the Nisqually Delta Restoration Project
- Cultural Heritage and the Suquamish Canoe Journey arrival
- Forestry and the Tulalip forestry project

These commercials have been posted on the web site you tube and can be viewed using the following links;

- Nisqually – <http://www.youtube.com/watch?v=FokWMAxG6ms>
- Puyallup – <http://www.youtube.com/watch?v=ZvacpkT4GIM>
- Jamestown – <http://www.youtube.com/watch?v=LaAvBFhd1A>
- Tulalip – <http://www.youtube.com/watch?v=e0YCiJHdsKY>
- Muckleshoot – <http://www.youtube.com/watch?v=gzOPBfH83Ao>
- Suquamish – http://www.youtube.com/watch?v=wjd6g—_WJ8

The Tribal Council believes this investment is money well spent. It not only supports and reinforces the positive public perception of Washington Tribes, but lays the groundwork for future efforts necessary to protect tribal gaming and other important programs.



TRIBAL COUNCIL MEMBERS LOBBY IN WASHINGTON, DC

Tribal Council members John Daniels Jr. and Virgil Spencer, accompanied by staff members Claudia Kauffman and attorney Richard Reich, recently traveled to Washington, DC where they discussed issues of concern to the Tribe with members of Washington State's Congressional delegation. Above, left to right: John Daniels Jr., US Sen. Maria Cantwell, State Sen. Claudia Kauffman and Virgil Spencer. Suquamish Tribal Chairman Leonard Foresman (with beard) also joined in meetings with (left to right) Congressmen Jay Inslee, Norm Dicks and Adam Smith.



ATTENTION FORMER TRIBAL COUNCIL MEMBERS!

Are you a former Tribal Council Member? Is one of your family members a former Tribal Council Member? Please let us know! The Tribe would like to honor those who have served on the Tribal Council and helped bring us to where we are today. Please fill out the attached form and mail it to:



Tribal Council History Project
c/o Muckleshoot Monthly
39015 – 172nd Ave. SE
Auburn, WA 98092



You can also drop this form off at the front desk in the Philip Starr Building.

SUBSCRIBE TO THE MONTHLY...

The Muckleshoot Monthly is delivered free of charge to members of the Muckleshoot Tribal Community. You can help us to serve you better by providing us with an up-to-date address. Please fill out the form below and mail it to:



MUCKLESHOOT MONTHLY
39015 - 172nd Ave. SE,
Auburn, WA 98092

clip and return

SUBSCRIPTION REQUEST / ADDRESS UPDATE

New subscription Address change

Name _____
Address _____
City & State _____ Zip _____

If this is an address change, list previous address:

Address _____
City & State _____ Zip _____

I am a Muckleshoot tribal member,
 I have ties to the Muckleshoot Tribal Community
Please explain: _____



Muckleshoot Tribal Council HISTORY PROJECT

Fill in as many of the blanks as you can

Name of Former Tribal Council Member

Address

City

State

ZIP

* Home Phone

Cell Phone

* Important



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Muckleshoot Tribal Council
Charlotte Williams, Tribal Chair
John Daniels Jr., Vice-Chair
Kerri Marquez, Secretary
Marcie Elkins, Treasurer
Virginia Cross
Donald Jerry Sr.
Stanley Moses Jr.
Virgil Spencer
Marie Starr

2010 TRIBAL ELECTION CALENDAR

WHEN	WHAT	WHERE
Nov 2, 2009	Last day to file referendum or initiative with Election Administrator for inclusion in January 2010 election	Election Administrator 39015 172 nd Av. SE Auburn, WA
Nov 19, 2009	Deadline date to submit request to Election Admin. for absentee ballot	Send request to Election Admin. P.O. Box 2000, Auburn, WA 98071-2000
Dec 3, 2009	Absentee Ballots sent out to voters who submitted request by 11/19/09	Not applicable
Jan 15, 2010	Deadline date for receipt of absentee ballots	Send absentee ballots to: Election Administrator P.O. Box 2000 Auburn, WA 98071-2000
Jan 18, 2010 8 AM - 8 PM	TRIBAL ELECTION DAY	Cougar Room, Philip Starr Bldg 39015 172 nd Av. SE, Auburn, WA
Jan 19, 2010	Deadline date for eligible voter to file Type I objection, alleging tampering or influence of an election. Submit objection to Elec. Admin w/in 24 hrs of election, MUST BE IN WRITING.	Election Administrator 39015 172 nd Av. SE Auburn, WA 98071-2000
Apr 6, 2010	Swearing in of elected officials. Deadline date for eligible voter to file Type II objection w/Election Admin., asking for a ballot recount. Submit objection in writing to Tribal Council Chairperson & Election Admin. before newly elected officials sworn in.	Election Administrator 39015 172 nd Av. SE Auburn, WA 98071-2000

VOTER ELIGIBILITY CRITERIA: Tribal members must be 18 years of age on or before 1/18/10 to vote in the 2010 Tribal Election
ELECTION ADMINISTRATOR: Jackie Swanson, (253)876-3260
ELECTION COMMITTEE MEMBERS: Ann Moses, Norma Dominick, Jeanne Moses, Marlene Cross, Agnes Moses, Sarah Moses



PHOTO BY ANNIE MOSES

UP AND AWAY!

After serving the Muckleshoot Tribal Community for 3 1/2 years as the second chief of the Muckleshoot / King County Police Department, Sgt. Jon Loye will be moving "up and away" – into the wild blue yonder, actually. Although not many people may have known, Jon is a highly experienced helicopter pilot, and when the opportunity came for him to head up the King County Sheriff's Air Support Unit it was an offer he just couldn't refuse.



Sgt. Jon Loye

His new "air force" will consist of three OH-58 "Kiowa" helicopters and one giant UH-1H "Huey" helicopter. Search and rescue, aerial pursuit of criminals and response to natural disasters are just a few of the duties of the Sheriff's Air Support Unit. We know that Jon Loye will do a great job in his new assignment, as he did at Muckleshoot, and wish him all the best in the future.

Family & Friends Invited...

MEMORIAL SERVICE

for
LARRY V. MOSES

SATURDAY, OCTOBER 31ST, 2009

9:00 A.M. Head Stone Blessing
at White Lake Cemetery

Give away & Dinner to Follow

10 AM - MUCKLESHOOT PENTECOSTAL CHURCH
39731 AUBURN ENUMCLAW ROAD SE, AUBURN

For more information please contact:
Lisa Penn (253) 334-4134 or Albert Moses (253) 737-0110

Sheila James Memorial

Saturday, November 14, 2009
10:00 AM – Headstone Blessing
at White Lake Cemetery
Dinner to follow at Pentecostal Church

ABSENTEE BALLOT REQUESTS

DUE NOV 19TH, 2009

MAIL TO: Election Administrator
PO Box 2000
Auburn, WA 98092

TRIBAL ELECTIONS

January 18, 2010
Cougar Room, Philip Starr Bldg.
39015 172nd Ave. SE Auburn, WA

PER CAPITA

REMEMBER

BANK OF AMERICA REQUIRES TWO PIECES OF
ID TO BE ABLE TO CASH A CHECK WITH THEM

ENROLLMENT CUT OFF DATE IS
NOVEMBER 30TH

TO RECEIVE A MARCH 2010 PER CAPITA

IF YOU HAVE ANY QUESTIONS CONCERNING PER CAPITA'S
PLEASE CALL YVONNE @ 253-876-3162 OR
HEATHER EVANS 253-876-3189



Roberta "Birdie" Lynn (Starr) Pierce Kylee and Reggie Pierce

Roberta Lynn (Starr) Pierce, known to all as "Birdie," passed away September 28, 2009 at Valley Medical Center in Renton, ten days after the loss of her unborn twins, daughter Kylee and son Reggie. She was 35.

A member of the Muckleshoot Indian Tribe, Birdie was born to Donna and Henry Starr on October 23, 1973 in Auburn, Washington. She was a graduate of West Auburn Senior High School in Auburn. She loved spending time with her beloved family and her many friends, and was an avid softball player, traveling far and wide to play in tournaments. She was disappointed that she wasn't able to play this past summer due to her pregnancy.

Birdie was joined in marriage to James Pierce on August 11, 2007 at the Muckleshoot Shaker Church, and the family made its home near Enumclaw at the White River Hatchery, where James is employed.

As all in the community know, Birdie's greatest passion in life, aside from her family, was the culture and language of her Muckleshoot people. Following in the footsteps of her mother and grandmother, she was a keeper of the tribe's Whulshootseed language. Her grandmother, the late Eva King George, known to all as "Kiyah," was a teacher of the language at Chinook Elementary School a generation ago. Her mother, Donna, also known as "Kiyah," later became a student and teacher of the language following her retirement as director of the tribe's Health Division.

Birdie represented the third generation of language keepers and teachers in her family, and taught her children to speak in their native tongue from birth. She was passionate about learning all she could about her culture, and loved to pass on what she'd learned to the children and the community. She was skilled in Native American arts such as cedar weaving and drum making and taught a language camp at Silver Springs on the upper White River annually. She also traveled the seas in the Canoe Journey, which held deep meaning for her.

The untimely loss of this young woman leaves a deep wound in the heart of the community. Had she been blessed with more years on this earth, she surely would've come to be known as "Kiyah," too, like her mother and grandmother before her.

Birdie was preceded in death by her father Henry Starr, and twin daughter and son, Kylee and Reggie Pierce. She is survived by her spouse, James Pierce; sons, Harvey Starr and Adam Pierce; mother, Donna Starr; brothers, Donnie Jerry, Bruce Starr and Danny; sister Sherri Foreman; and numerous nieces, nephews, uncles, aunts, and cousins.

Services for the twin infants and, later, their mother were held at the Muckleshoot Shaker Church, with interment at the New White Lake Cemetery.

Richard Kawai Kai

Richard Kawai Kai, passed away on October 8, 2009 at his home in Auburn, Washington. He was 78.

The son of John Matthew Kai and Myra Kai, he was born at the family's Oakland, California home on June 23, 1931, delivered by his father. Richard loved motorcycle riding, playing bingo at the Muckleshoot bingo hall and visiting the Muckleshoot Casino. He was a real people person, who loved to talk to everyone, and had lots of friends at bingo and the casino. He was a truck driver, driving big rigs. He loved and collected elephants.



Richard was preceded in death by his parents; sister Thelma; and two brothers, John and Ralph Kai. He is survived by his loving wife, Irene (Goudy) Kai of Auburn; sons Daniel Kai and Rick Kai; daughter Donna Kai; sister Myra (Pete) Gomez of California, and two grandchildren.

A viewing was held on October 12 at Weeks' Funeral Home in Buckley, and on the following day an Indian Shaker funeral service was held at the Muckleshoot Pentecostal Church, which extended its hospitality due to repairs then taking place at the Shaker Church. The services were followed by interment at the New White Lake Cemetery and a dinner and giveaway at the church.

Allen Sanders: Defender of Tribal Sovereignty

On September 6, 2009, Allen Sanders passed from this world to the next. Allen was the first Tribal Attorney with an office on the Muckleshoot Reservation. He represented the Tribe during the late 1970's and into the early 1980's advising the Tribal Council on a wide variety of matters.



While at the Tribe, Allen won a case establishing that the Tribe owned the bed of the White River on the Muckleshoot Reservation. When Puget Sound Energy (PSE) was harming salmon by diverting water from the White River, Allen convinced the Courts that the Federal Energy Regulatory Commission had the authority to regulate the dam, ultimately leading to PSE shutting down the dam and returning the natural flows to the White River.

Allen was part of the team that stopped an oil pipeline that would have crossed Puget Sound harming salmon. In all of these actions Allen was tireless in helping the Tribe protect its sovereignty and natural resources.

After leaving Muckleshoot Allen went on to apply his extraordinary knowledge of Indian law to assist the Tulalip Tribe and, most recently, the Kalispel Tribe. During his legal career he conveyed his knowledge to new aspiring lawyers, teaching Indian law at Seattle University Law School from 1981 to just last year.

Allen is survived by his two outstanding sons and loving wife and partner in life. Indian country has suffered a loss with his passing. We will miss his dedication to Indian rights and sovereignty, and he will be missed by all who had the pleasure to know him.

UPDATE: MTS Athletics/Activities

By Tim Tubbs, MTS Athletic Director

MTS athletics got underway with athletes and coaches participating in baseball and softball for the middle school students and cross country, football, soccer, and volleyball for the high school level. This season will be reserved for instruction purposes only and not for competition, except in cross country and volleyball.

Cross Country is competing against area schools each Wednesday afternoon. If all goes well, MTS may have an athlete qualify for the cross country playoffs at the end of October.

Volleyball is gearing up for their first match at Mount Rainier Lutheran on October 12th. Match time is tentatively set for 4:00.

Selecting ASB Representatives for student leadership took place in early September. These representatives met to discuss various events including mascot

selection, lunch time music and games, field trips, and even dances.

An all-school election was held to narrow down the choices for mascot. MTS will go to the school board with the student recommendations of Eagles, Kings, Warriors, and Wolves. Two clubs gave early notice of organizing themselves; namely Hacky Sack (foot bag) and Chess.

The big announcement of joining the Plateau Middle School League came early in September for the Middle School students. MTS will compete in various sports and activities against schools from Enumclaw, Buckley, Sumner, and Orting. Seven students participated in the league Leadership Summit in Buckley on the 23rd of September. Relationships with other schools have already begun!

September gave both promise and hope for building an active campus for all students. October here we come!

MTS Volleyballers play well against Seattle's Bush School

The Muckleshoot Tribal School competed in volleyball for the very first time on October 15, traveling to The Bush School in Seattle. The team lost three games, but played very well and competed up to the caliber of their opponents.

Coach MaryAnne James and her squad were cheered on by a dozen MTS students and family members who made the trek to support the team. Lots of firsts and lots of fun dominated the evening.

Special thanks to staff members Will Bill and Richard Vendiola for joining us. Richard took video as well – can't wait to see it! Here are a few snapshots from my phone.

Go team!

Tim

(Submitted by MTS Athletic Director Tim Tubbs)



Academic Achiever: Chief Leschi's Joey Bisson



Joseph Bisson

PUYALLUP, Wash. – Joey Bisson is a three-sport athlete at Chief Leschi. As a cross country runner, he pushes himself to the limit.

"When you're running, you don't ever want to get into your head that you want to stop because you telling yourself that is like a disease, it just eat at you and eat at you," he said. "I know it hurts but I'm going to take the pain, I'm going to fight through it."

It's that can-do attitude that follows him wherever he goes.

"I try something new, I don't ever want to fail," he said. "I'm going to try my hardest and I'm going to be the best I can be. And even in the classroom, if I see myself falling behind and someone else got a higher score than me ... I'm going to study extra hard and I'm going to get that hundred percent on that test."

Joey is involved in a head start program and is already taking credits that will apply towards college. Ultimately, he would like to pursue a career in engineering.

"I have math in mind, I just love math, it comes easy to me, it comes natural," he said. "I know what's my priorities in life, I know what I want to be so if I keep academics up there then it's only going to make me succeed faster."

Joey also plays basketball and runs track for Chief Leschi. He would like to go to college at either Seattle University or Portland State.

Son,
I am so Proud of your accomplishments! You are such a bright young man with so much potential and a heart of gold. I Love you son, more! Infinity!! Keep up the good work!
Love Always, Mom

(Joey is the son of MIT Events Coordinator Lori Simonson.)

Off and Running!

By Jenelle Stussy



When most high school students race to the bus at 2:25, Sid Lazzar is gearing up for Cross Country practice. Sid, a freshman this year is representing his fellow peers, his school, and tribe while making history being the first to compete in a sport competition for the Muckleshoot Tribal School.

Cross country running, a sport that requires the fusing of the body and mind, strives to maximize the physical ability and testing the mental tenacity. Every day represents a new struggle to beat yesterday's

maximum output, an issue of the mind over matter.

Activities such as Cross Country are inherently educational. Through participation in the program, Sid has moved to show build of self-confidence, teamwork, sportsmanship, and self-discipline.

On Wednesday, September 30, Sid represented MTS in Cross Country at Spanaway Park in Tacoma. This was a day to remember for sports here at the high school. Sid ran 3.1 miles pressing on to his first-ever competition and the first for MTS. His second race was

October 7 at the Cascadia Facility in Bonney Lake, followed by another on October 14 at Reber Ranch in Auburn.



Jamboree held for tribal youth

On September 18th and 19th, 2009 the Muckleshoot Tribal School, Muckleshoot Tribe, Greater King County Police Activity League, Fresh Paint Missionaries and members of the Northwest Inter Tribal League hosted a two day jamboree that included a carnival for younger kids, flag football, basketball and Native rappers.

The event was conceived of by Chairwomen Charlotte Williams. She wanted to bring more Native kids to participate in healthy activities. Pastor Kenny Williams kicked off the event with a prayer. The Wellness Center provided a table staffed by Wendy Lloyd that provided information on drug and alcohol, tobacco cessation and domestic violence.

The event commenced at 4 pm on Friday the 18th. The event was held at the fields across from the Wellness Center. Greater King County PAL hosted basketball and flag football for participants. A basketball match was kicked off by a match between youth from the Muckleshoot and Suquamish Tribes. The members for the Greater King County Police Activity joined in the games which lasted until 10 pm.

Fresh Paint Ministries, a Christian organization ran by Bruce and Joyce Rechteiner provided a carnival for younger kids that included bean bag toss, milk bottle knock down toss, hay stack hunts, facing painting, and candy gifts.

At 8:00 pm the Christian rock band, Four Wiseman from Auburn began to play great music then another band, Soul Deep from Puyallup played.

At 7 pm the flag football field was packed with kids of all ages playing against each other. Flag football games went until 10:00. Members of the Williams family were last seen playing on the field until 11:00 pm!

The event continued through Saturday morning where a catered breakfast was served until 11 am. Flag football resumed at 11 am where the Muckleshoot youth and members of Greater King County PAL participated against kids from Puyallup. The band Talk Jonny from Port Orchard came down to play at noon.

Chairwoman Charlotte Williams was in attendance to present the Northwest Inter Tribal League, with reversible jerseys with the NWITL logo on them for the upcoming fall basketball league season which started on October 3 with Muckleshoot playing Suquamish at the Pentecostal Church.



MUCKLESHOOT BOXING NEWS

September was a great month for our athletes, what a huge success. Thank you to the parents who have made the effort to bring their kids to this wonderful program, you should pat yourself on the back. A big thank you to the Muckleshoot Tribal Council who believed in us!

If we can keep these kids busy each and every night, then we have done our job. What we try to do with this program and service is promote and enhance the development of tribal boys and girls by instilling a sense of competence, usefulness, belonging and influence.

Our goals in the boxing program include:

- Provide a boxing program that is designed in the image of Native America by Native Americans.
- Provide an introduction to the fundamental skills and the rules of boxing.
- Demonstrate how life skills such as honesty, integrity, proper etiquette, and sportsmanship are important components to any sport.
- Educate youth about the various academic and career opportunities associated with sports.
- Promote leadership development that can carry on to other sports, family, education and community.

When we started this program back in August, we figured we could attract quite a few kids every month to train rigorously, with the thought of getting ready for future boxing tournaments, the thought of going to the 2011 Indigenous Games, and the thought of competing at the 2012 London Olympics. Today, it's amazing how many kids want to get involved. Great job kids!

For the month of September we had an average of 23 kids each night, space is now becoming an issue. A total of 34 different kids came through the program this past month. As always, we continue to strive in what we truly believe in. You can be anybody you want to be all it takes is dedication, motivation, and endurance.

Once again a big "thank you" to the parents, the Tribal Council, our wonderful trainers, the athletes, and anyone else who believes in All Nations Foundation, till next time.

Joe "The Boss" Hipp

1st Native American Heavyweight Champion of the World



PHOTOS BY KELVIN FRANK

HEALTH AND WELLNESS BEGINS SHUTTLE BUS SERVICE



Tribal Council members Donnie Jerry, Marcie Elkins and Kerri Marquez, along with Lisa Elkins of the HWC staff (second from left), are shown here with the new shuttle bus that will serve the reservation.

The Muckleshoot Health and Wellness Center started a new shuttle bus service on September 11th. The service runs Monday-Friday from 12:00 p.m. until approx. 8:50 p.m.

There are seven bus locations through-out the community:

- Virginia Cross Education Center
- Gaming Commission (QFC)
- Davis Property
- Skopabsh
- 392nd St. (old Smoke Shop location)
- Pentecostal Church, and
- Health and Wellness Center

The pick-up times and locations may be adjusted after the program begins based on need and ability.

The Health and Wellness Center's 20-passenger bus is painted white with the Health and Wellness logos on the front and back, along with a large picture of a canoe on both sides of the vehicle.

RULES FOR ALL USERS

- Children 12 years old or younger must be accompanied by a person 16 years of age or above.
- No smoking

- Move for seniors and people with disabilities
- Be considerate of others, no offensive language
- Don't take more than one seat
- Fireworks or flammable liquids are not allowed on the bus
- Roller skates, roller blades, or heelys are not allowed

BUS TIME SCHEDULE • MONDAY - FRIDAY 12-4 p.m. & 5-8 p.m.

STOP #1 HEALTH & WELLNESS	STOP #2 VIRGINIA CROSS ED. CENTER	STOP #3 QFC	STOP #4 DAVIS PROPERTY	STOP #5 SKOPABSH VILLAGE	STOP #6 392nd ST. (Old Smoke Shop)	STOP #7 PENTECOSTAL CHURCH
12:00 pm	12:10 pm	12:18 pm	12:30 pm	12:35 pm	12:42 pm	12:47 pm
1:00 pm	1:10 pm	1:18 pm	1:30 pm	1:35 pm	1:42 pm	1:47 pm
2:00 pm	2:10 pm	2:18 pm	2:30 pm	2:35 pm	2:42 pm	2:47 pm
3:00 pm	3:10 pm	3:18 pm	3:30 pm	3:35 pm	3:42 pm	3:47 pm
5:00 pm	5:10 pm	5:18 pm	5:30 pm	5:35 pm	5:42 pm	5:47 pm
6:00 pm	6:10 pm	6:18 pm	6:30 pm	6:35 pm	6:42 pm	6:47 pm
7:00 pm	7:10 pm	7:18 pm	7:30 pm	7:35 pm	7:42 pm	7:47 pm
	8:10 pm	8:18 pm	8:30 pm	8:35 pm	8:42 pm	8:47 pm

Pick-up Only from Health and Wellness and Delivered to Bus Stops

NOTE: SUBJECT TO CHANGE DURING ADVERSE WEATHER AND UNSCHEDULED SERVICE DISRUPTION

No Show Policy for Medical & Dental Clinics:

The staff at the Medical & Dental Clinic would like to make you aware of our no-show appointment policy.

Because the wait for health clinic appointments is becoming increasingly long (currently 3-4 weeks), we want to ensure that scheduled appointments are actually kept. Therefore, any patient with 3 no-shows in a row at the health/dental clinic, or 3 no-shows in a 2 month period at the health/dental clinic, will be restricted to same day or walk-in only appointments for the following six month period.

Also, anyone who misses a scheduled appointment in the morning will not be allowed to see a provider at the health clinic during a same-day or walk-in appointment that same afternoon.

To keep patients informed, we will be sending you a letter every time our records indicate that you no-showed for an appointment. Once you have accumulated 3 no-shows in a row, or 3 no-shows within a two-month time period, we will send you a letter indicating that you will only be able to be seen during same day or walk-in appointments for the next 6 months. Once the 6 months are up, you will be free to schedule advance appointments once again at the health clinic.

Also, to help you remember your scheduled appointments, we will continue to try and reach you by phone the day before the appointment to remind you of the time and date of your appointment. So it is very important that you keep us updated on your phone number.

We apologize for any inconvenience this new policy may cause you, but we want to ensure that everyone has an equal opportunity to access the health/dental services, and that patients reserving time to be seen actually use their appointments.

If you have any questions or concerns regarding this new policy, please contact Beth Burden, Director of Patient Services at (253) 939-6648.

BEHAVIOR HEALTH PROGRAM ANNOUNCEMENT:

The Behavioral Health reception window is now open through-out the lunch hour (12:00 to 1:00 pm) so that we will be better able to serve our clients and the community. Please feel free to stop by to schedule appointments and to drop off/pick up paperwork. If you have any questions, please call us at: (253) 804-8752

Do you or someone you know have a problem with pills?

Are you buying pills for an addiction you have?

Are pills controlling you instead of you controlling the pills?

SUBOXONE (Sub-ox-own) is now available at the MIT Behavioral Health Program at the Health and Wellness Center for the treatment of Opiate dependence (Oxycodone/Oxycontin, Hydrocodone, Vicodin, Heroin, Morphine)

SUBOXONE is the first opioid medication approved under Drug Addiction Treatment Act (DATA) 2000 for the treatment of opioid dependence in an office-based setting. The primary active ingredient in SUBOXONE is buprenorphine.

SUBOXONE at the appropriate dose can:

- Reduce illicit opioid use
- Help patients stay in treatment
- Suppress symptoms of withdrawal
- Decrease cravings for opioids

The Health and Wellness Center will have a provider licensed to prescribe suboxone. Currently we are able to refer to several providers for evaluation and treatment. For more information please contact Behavioral Health at (253) 804-8752.

**24-HOUR CRISIS LINE
1-866-4-CRISIS**

Birth Record

By Lisa Elkins

9/2/09- Proud Parents Veronica Moses-Navarro & Pedro Simeon-Simaj
Girl-Mayelah Elizabeth Moses-Simaj
Proud Grandma- Tina Moses

Congratulations to our new parents!!!

Notice to All CHS Eligible Patients

If you received a PO from the CHS office and now you are receiving a medical bill or statement, please bring them to the CHS office for review.

This will ensure timely payment to your provider.

As always, you must obtain a PO # prior to your medical appointment and call us if you cancel or reschedule your appointment.

CHS Office Hours:

**Monday – Friday, 8am – 5pm
Closed for Lunch 12pm – 1pm
Phone: 253-939-6648**

“Your Suggestions Count”

The Muckleshoot Health & Wellness Center offers “suggestion boxes” where guests can fill out forms to share thoughts, comments or suggestions. The purpose of these forms is to help us improve the quality of services offered to the community. These forms are not “incident reports”, but rather confidential and private opportunities to share your thoughts on what we are doing well or on ways we might improve.

The suggestion boxes are located in each reception area and the main lobby of the building. The feedback forms are located next to the boxes. The boxes are checked at least twice a month by the Facilities Secretary and then delivered directly and confidentially to the appropriate department manager. Suggestions are then discussed privately at Quality Improvement committee meetings.

If possible, please provide contact information on the suggestion form so the appropriate manager can contact you to address your particular suggestion or area of concern. Again, this would be a confidential and private conversation.

We want to hear from you. Please take a moment to stop by the Health & Wellness Center and fill out a suggestion form today. Your thoughts matter!

Thank you

Help in Quitting Smoking!



The Muckleshoot Health & Wellness Center uses and endorses the Washington State Quitline to assist in stopping smoking.

Call 1-800-QUITNOW for free and effective help in quitting smoking.



Anger Management Group With Dr. Sarlak 16-Week Course, Starts: November 11th, 2009 Wednesdays 6-7:30

Satisfies Court Requirements
Open to all Tribal and Community
members (Space is limited)
To Register Contact
Muckleshoot Behavioral Health
253-804-8752

CONTRACT HEALTH SERVICE (CHS) NOTIFICATION REQUIREMENTS

CHS OFFICE (253) 939-6648

1. Notify CHS office before any non-emergent services are rendered to determine patient eligibility, medical priority and to set aside funds for payment. Pre-authorization is mandatory and failure to comply is reason for denial of payment for claim(s).
2. In true medical emergencies, notify the CHS office within seventy two (72) hours of start of services. Failure to comply is reason for denial of payment of claim(s).
3. Prior notification does not guarantee CHS can pay for services, unless all other CHS requirements are met. There are some services CHS can not cover.

ALTERNATE RESOURCE REQUIREMENTS:

Muckleshoot CHS is a residual resource and not an entitlement program. In addition to CHS, other resources for health care are available from various state, and federal programs, as well as individual and group health insurance policies. By federal law, CHS must ensure that all resources, where and when applicable, are utilized before CHS can assume financial responsibility for your care.

This means that CHS will not be authorized if you are eligible or would be eligible upon making an application for an alternate resource such as: Medicare (over age 65 or disabled at any age), Medicaid (medical coupons), crippled children or have private insurance etc. Failure to comply with a CHS office referral to an alternate resource will terminate your CHS coverage. You are required to use these benefits as your first source of payment of your medical-related costs.

The CHS office is required, as per IHS Federal Rules and Regulations, which requires all CHS denials to patients be sent by certified mail to the address on file.

2009 Flu Season

Seasonal Vs. Swine Flu

Seasonal Flu—

- **Vaccine**—Available by mid-September to anyone interested. It protects against some forms of normal seasonal flu viruses.
- **Symptoms**—Tiredness, fever, headache, dry cough, sore throat, runny or stuffy nose, and sore muscles. Nausea and diarrhea may also be present.



Swine (H1N1) Flu—

- **Vaccine**—Initial supplies are targeted to be available by November. Vaccine access based on government guidelines and availability.
- **Symptoms**—Swine flu symptoms are similar to those of the normal seasonal flu. Talk to a medical provider if symptoms persist or worsen or for more information.



Swine Flu Information

What is H1N1 (Swine Flu)?

Swine Flu is a type of influenza (flu) virus that causes respiratory disease which can spread from person-to-person. Most people infected with this virus in the U.S. have had mild symptoms, but there have been some severe cases, and even some deaths. Young children, pregnant women, and people with chronic diseases like asthma, diabetes, or heart disease may be at higher risk for complications from infection.

What are the symptoms?

The symptoms of swine flu are similar to those of the regular flu.

They include:

- Fever
- Cough
- Sore Throat
- Body ache
- Headache
- Chills and fatigue
- Occasionally, vomiting and diarrhea

How to keep from getting swine flu?

The flu virus is spread from person-to-person mainly through the coughing or sneezing of a sick person. The flu virus may also be spread when a person touches something that is contaminated with the virus and then touches his or her eyes, nose, or mouth. A vaccine to prevent the H1N1 virus is now in the trial stage and may be ready in limited supply by fall. Access will be determined based on priority.

Best practices to prevent infection include:

- **Stay Home**—If you are sick, *stay home* and keep sick children home from school, daycare and away from others until at least **24 hours** after symptoms and fever disappear.
- **Wash Hands**—Wash hands frequently with soap and water for at least 20 seconds. If water and soap are not available, use an alcohol-based hand sanitizer.
- **Cover Your Cough**—Cough and sneeze into the crease of the elbow or use a tissue. Dispose of the tissue properly and then wash hands thoroughly.

What to do if you or your child is sick

- Stay home and keep sick children at home
- Drink a lot of fluids (juice, water, Pedialyte, etc)
- Get plenty of rest
- For fever, sore throat, or muscle aches, use fever reducing medicines recommended by your doctor.
- Keep tissues close to the sick person and have a trash bag within reach for disposing of used tissues.
- Contact your provider only if symptoms worsen to the point where you would normally make an appointment to see a doctor. Antiviral medications may be recommended for those with serious illness.

*****Use of a Mask**—In a community setting, the use of a mask is generally **NOT** recommended. However, masks can be effective in certain circumstances, such as when used by an **infected person** to limit the spread of germs to non-infected people.

For more information or questions contact Brent Grider, Health Education Specialist at the Health & Wellness Center at (253) 939-6648 or via email at brent.grider@muckleshoot-health.com.

Links and Other Resources

Centers for Disease Control & Prevention
www.cdc.gov/swineflu
24 Hour Info Line (800) 232-4936

Public Health—Seattle & King County
www.kingcounty.gov/health/swineflu
Public Health Information Line (206) 296-4949

Washington State Department of Health
www.doh.wa.gov/swineflu

**Information provided by the Centers for Disease Control and Prevention

New Pharmacy Hours to better accommodate you and your family!

Did you know the Tribal Pharmacy is
open until 6 pm M -F?

Also, the Tribal Pharmacy is open during lunch, 12-1.

Monday	8- 6 pm
Tuesday	8-6 pm
Wednesday	9-6 pm
Thursday	8-6 pm
Friday	8-6 pm

For Pharmacy questions call: (253) 333. 3618

Behavioral Health Services

The Muckleshoot Behavioral Health Department continues to grow and expand services to meet the needs of the community.

The following article aims to provide an overview of the current services we offer followed by information on how to get started or get more information.

Chemical Dependency Services (serves all ages):

Assessment and treatment placement assistance
Inpatient referral and aftercare
Relapse Prevention
DUI assessment and deferred prosecution treatment
Adult intensive outpatient treatment (IOP)
Outpatient treatment for adults and youth
Youth intensive outpatient treatment
Suboxone Program (Opiate specific treatment program)
Individual, group and family counseling and intervention
Detoxification referral and placement assistance
Case management
Status/Court reporting for probation and referral sources
Outreach and client advocacy
Toxicology screening (urinalysis and saliva testing)

Mental Health Services (serves all ages):

Evaluations
Individual, group and family therapy
Psychiatric services
Medication management
Family Healing Retreat
Coyote Clan
Boy's mentoring
Girl's support group and equine therapy
Anger management
Grief and loss counseling
Outreach and advocacy
Home visits
Case management
Referral assistance
Constellations group therapy

Recovery House (adults 18yrs and over):

Clean and Sober Housing for up to 16 adult residents
On-site support services
Life skills groups
Intensive case management
Individual, group and family counseling
Alcoholics Anonymous and Narcotics Anonymous meetings

Our Activities Coordinator also organizes weekly and monthly outings for patients and community members to enjoy social, recreational and cultural events in a clean and sober environment and with transportation often provided.

Our staff is trained to respond to crises and is also available to consult with concerned family members and friends on a wide range of behavioral health needs.

*****If you or someone you know is interested in receiving services at Behavioral Health, you will need to first register with Patient Registration at the Health and Wellness center. If you are already registered, you may be asked to update your registration information. Be sure to bring ID, address verification and any insurance or medical coupons that you have*****

If you have been referred to Behavioral Health by another program, any related paperwork will also be helpful.

Once you are registered with Patient Registration, simply call or come by Behavioral Health and we will schedule you for a first available appointment that fits your schedule.

You may also feel free to contact us for more information regarding the programs, groups and activities we offer.

Phone: (253) 804-8752

Muckleshoot BHP hours: (someone at front desk during lunch hour)

Monday	8:00 a.m. to 5:00 p.m.
Tuesday	8:00 a.m. to 8:00 p.m.
Wednesday	9:00 a.m. to 8:00 p.m.
Thursday	8:00 a.m. to 8:00 p.m.
Friday	8:00 a.m. to 5:00 p.m.
Sat/Sun	Closed

After hour's crisis numbers that can be helpful:

CDMHP (24 hrs accessed through crisis clinic):
866-4CRISIS
(866-427-4747)
(206) 461-3222

24 hour Alcohol and Drug Helpline:
(206) 722-3700
(800) 562-1240

2009 Per Capita Deadlines and Schedules

November 13, 2009	Deadline to stop taking any changes for members currently with Direct Deposits
November 30, 2009	Enrollment Cut Off Date for March 2010 Per Capita's
December 1, 2009	Per Capita Distribution
December 2, 2009	Per Capita Distribution
December 3, 2009	Per Capita Distribution
December 31, 2009	Deadline - New Direct Deposits Must Be In

Health & Wellness Center Program Hours

	Pharmacy	Wellness Center
Monday	8-5 pm	8am-8 pm
Tuesday	8-5 pm	8am-8 pm
Wednesday	9-5 pm	9am-8 pm
Thursday	8-5 pm	8am-8 pm
Friday	8-5 pm	8am-7 pm
Saturday	10 am-2 pm	
Sunday	All Programs Closed	

Program Name	Phone No.	Closed-Lunch
Main Number to HWC	(253) 939-6648	12:00-1:00
Behavioral Health (Mental Health & Chemical Dep)	(253) 804-8752	Open
CHS/Registration Office	(253) 939-6648	12:00-1:00
Community Health/CHRS	(253) 939-6648	12:00-1:00
Dental Clinic	(253) 939-2131	12:00-1:00
Medical Clinic	(253) 939-6648	12:00-1:00
Optical Clinic	(253) 939-6648	12:00-1:00
Pharmacy	(253) 333-3618	12:00-1:00
Physical/Massage/Acupuncture	(253) 333-3620	12:00-1:00
Recovery House	(253) 333-3629	Open
Wellness Center	(253) 333-3616	Open
WIC Wed/Thurs Only	(253) 939-6648	N/A

Health & Wellness Center Program Closures for November & December 2009

Day	Date	Times Closed	Reason for Closure
Thursday	Nov. 5 th	8-9:30	Mo. All Staff Meeting
Wednesday	Nov. 11 th	All Day	Veteran's Day Holiday
Wednesday	Nov 25 th	12-8	Thanksgiving Day Eve
Thursday	Nov. 26 th	All Day	Thanksgiving
Friday	Nov. 27 th	12-8	Tribal Holiday
		Open with limited services 8-12 pm on Nov 27th providing Medical, CHS, Pharmacy and Dental emergencies only.	
Thursday	Dec. 3 rd	8-9:30	Mo. All Staff meeting

The Optical Department at the HWC!



The eyeglass benefits are the same as they've always been.

- One comprehensive eye exam once every 12 months.
- New lenses once every 12 months.
- Eyeglass Frames once every 2 years.

If you are not eligible for the frame allowance, you will be allowed to purchase the frames at a very reasonable price. (Believe me there is a significant mark up when you buy frames in town/private practice!). No eyeglass benefits will be approved outside of the MHCW optical department. We are also offering contact lenses and equipment.

The Optical Department is a Tribally-owned business. Patients must meet CHS eligibility requirements to get optical services. CHS eligible patients will need to obtain a PO from the CHS office before getting optical services.

For more information, please contact the CHS Office – (253) 939-6648.



Notice:

In an effort to better serve you better, we are making some changes to the walk-in clinic and medication refill guidelines. These changes took affect **Dec. 15th, 2008** and include:

- **Walk-in Clinic at 1 pm M-F will be seen based on medical need—not on a first come, first serve basis.**
- **Patients presenting for walk-in will be checked on their Registration status. If necessary, you will need to update your application.**
- **The walk-in clinic will no longer be used for pain medication refills. Please see your provider for refills.**
- **Lost or stolen narcotics will no longer be refilled.**

Thank you in advance for your cooperation as we continue to look for ways to improve our services for you and your family.

ACUPUNCTURE

IS AVAILABLE AT MUCKLESHOOT HEALTH & WELLNESS CENTER

NANCY PAINE-SHERMAN, L.A.C.

Acupuncture and Oriental Medicine is used to treat many health conditions and common disorders including:

- Migraine headaches
- Back pain
- Joint pain
- Anxiety
- Insomnia
- Fatigue
- Addictions
- Hypertension

**Hours: Tuesday & Wednesday
8:00am—5:00pm**

Call 253-333-3620 for more information

MASSAGE THERAPY IS AVAILABLE AT MUCKLESHOOT HEALTH & WELLNESS CENTER

Betty Erskine, LMT
Why get a massage?

Massage therapy gives you a time out from the world to relax and enjoy yourself. Besides feeling comfort, massage helps relieve chronic muscle pain. It is a gentle therapy that can heal and reduce muscle tension. Massage can increase your desire to live healthy. It also brings down sugar levels in diabetic patients. Massage is an excellent way to start living healthy!

- Relief from stress
- Helps circulation
- Reduces headaches
- Improves mobility
- Relief from anxiety and depression
- Reduces mental and physical fatigue

HOURS: MONDAY - FRIDAY 8:00 - 5:00
Call **253-333-3620** for more information



Director's Cut

First of all, we have had a great summer with all of you – and such a fun wrap-up to it all with our 3rd Annual Triathlon and Field Day! Everyone had a wonderful time playing games, making videos, doing the Family Fun Run, and eating lots of delicious food. Thank you all for joining us!

Next, as many of you already know, we are entering flu season...and this year, there is the added concern about the H1N1 virus. The H1N1 virus is most threatening to seniors, elders, pregnant women, children under age 2, and people with chronic diseases. If you or anyone in your household is in these groups, it will be especially important for you to protect yourself from harmful germs. Since we serve all of these high risk groups at the Health and Wellness Center, we are taking some added steps to protect everyone from catching or spreading unhealthy germs. Some of the extra precautions you may notice include more hand sanitizer stationed around the building and also the addition of mask stations. We encourage you (and may ask you) to use a mask if you are coughing or sneezing – or if you have been or still are sick when entering the facility.

At the Wellness Center, we will be taking the following steps to help protect you, including:

- **Discouraging everyone from exercising if they are sick or have flu symptoms** (it will not make you feel better – and it could make your symptoms worse and dehydrate you).
- **Restricting any children that are coughing / sneezing or displaying symptoms of illness** (runny nose, fever, etc.) from entering childcare or any other area (this only puts other children and people at risk of getting sick).
- **Asking you to wear a mask if you are coughing / sneezing – especially in the café area.** Germs can travel several feet when you cough and sneeze – which is far enough to reach the table or person next to you (and their food).

We appreciate your cooperation and help in protecting yourself and your loved ones from the harmful effects of the cold and flu season. So, stay healthy – and we will see you soon at the Wellness Center!

Superstar Staff of the Month:

Kristen Bell, Wellness Center Director

Kristen Bell, our Wellness Director, was chosen as our Superstar for the month of October. There is a great staff here at the Wellness Center and that is because Kristen is an outstanding leader who is passionate about her job, the people in the community, and her employees. We strive to be our best to meet the example that Kristen has set on a daily basis. Kristen pushes herself to maximum results in any endeavor she engages in. Shows in her performance in the workplace or in cyclo-cross racing. Congratulations Kristen!



MUCKLESHOOT WELLNESS CENTER ~ 17500 SE 392ND ST. ~ AUBURN, WA 98092
PHONE (253) 333-3616 ~ FAX (253) 333-3617

HOURS: MONDAY 8AM-8PM, TUESDAY 8AM-8PM, WEDNESDAY 9AM-8PM, THURSDAY 8AM-8PM, FRIDAY 8AM-7PM, SATURDAY 10AM-2PM



PHOTO BY JOHN LOFTUS

Grief is painful and at times the pain seems unbearable, now is the time to seek support!

Grief and Loss Support Group

**with Dr. Sarlak
@ the Muckleshoot Health & Wellness
Mountain Room
Every Thursday
5:00 pm – 6:30pm**

**Open for everyone,
please call
Muckleshoot BHP for further
questions.**

253-804-8752

A NEW SCHOOL, A NEW BEGINNING

With the "Grand Opening" in early September, to quote a famous refrain, we "hit the road running." With more than 700 people in attendance, we saw a beautiful celebration give witness to the huge success of a great investment—an investment that so many individuals had worked on for many years. We all witnessed a beautiful event take place, the realization of a dream; a dream begun many years ago by ancestral "education warriors" who were determined to establish a new school for our tribal youth. It was, indeed, a time for a Great Celebration.



Irene Bowie

As we begin our new school year, we reflect on where we have been; where we are now and how far we have come. We anticipate many successes, knowing well that much learning will be taking place for the teachers and the students, as well as the administration and supporting staff in this new environment.

It is with great anticipation and optimism that we welcome the many challenges we will encounter with full knowledge that our focus must always be the well-being of our students, their educational growth and their future. They, too, have a great challenge as they settle into their classes and embark on their commitment to their education, full of many promises. We know there will be struggles; however, we delight in the belief that together we can accomplish "much." The successful completion of twelve years of study is the "finish line" for our students. We will work to help them achieve that goal.

It was amazing to see how quickly our school was transformed from the Grand Opening Celebration to a school and classroom setting overnight. The day after the Grand Opening, we opened our classroom doors with more than 350 students. (We have surpassed that number by almost 50, to date.) The overflow was encouraging; however, we quickly realized that schedule adjustments were required to help facilitate the breakfast and school lunch programs.

Such has been the case as we settle into our classrooms and the daily delivery of our instructional programs. For our returning students, the adjustments continue; for all of our students, we can see a great sense of pride as they walk among a school that is truly "our community school; our tribal school." It is an immense pride for many of us, as well.

The dream has been realized and we have an amazing place to come to everyday. We will work together to help the children obtain a quality education that will prepare them for their future in the twenty first century. A multitude of thanks are in order for the many individuals who made this a reality. The challenge is huge for all of us; the challenge is ours; we embrace it with enthusiasm and a great deal of optimism which will translate into our daily lives here in school.

Come join us as we move into the next phase of our journey, the continuing education of our Muckleshoot Youth, our Tribal Youth, and our Community Youth, helping prepare them for their future, for the future of all. We look forward to an exciting year, a new beginning and a fresh start. We welcome your support, assistance and cooperation.

Irene Bowie, Principal
Muckleshoot Tribal School



PHOTO BY CURTIS PRITCHARD

FIRED UP! READY TO GO! This photo of the original staff of the new Muckleshoot Tribal School was taken on the morning of it's grand opening.

SCHOOL REACHES CAPACITY—ENROLLMENT IS CLOSED

High demand requires Tribal School to adopt new practices

Muckleshoot Tribal Enrollment is "Closed." You may complete and submit an application for enrollment for the second semester beginning December first.

We have limited space in grades one, three and four. Other grades are filled to capacity at this time.

We have implemented a "waiting" list and will review applications for the second semester enrollment.

The school will no longer allow students to transfer "in" and "out" during the quarter. Enrollment will only be considered within the ten-day "win-

dow" of the first semester or the second semester.

As we continue to improve and enhance the quality of our educational programs, we will initiate "strict" requirements on attendance, as well as behavior and academic performance.

Presently, we continue to revise and improve "past practices" to better serve our students and our parents.

Irene Bowie, Principal
Muckleshoot Tribal School

Why Should Tribal Members Participate In The 2010 Census?

The 2010 Census will shape the future of your tribal community, define your voice in Congress and impact economic development and other opportunities for your tribal citizens. Federal and state agencies depend on census data to determine funding allocations for tribal programs. Census data can assist tribal leaders in their planning decisions about economic development projects and community service programs. Many researchers, the media and others use census data. Full tribal participation ensures that these data accurately portray the AIAN (American Indian Alaskan Native) population. Census data are the official data used for U.S. population counts. Congress and other federal decision makers refer to census data when making political decisions.



Please Help the GED Program

Please help the GED Program by donating books. We are in the process of building both a library and a book giveaway bin in the GED room, and we could really use your help. If you have any books, for middle school age readers and up (in reasonable condition with covers), please consider donating them to the GED Program. This is a great way to clean up your book shelves and other places where you may have unwanted or unused books, and it's also a great way to help a family member, friend, or community member to read. Thank you.

New GED Classes and Tests for October

Date	Topic	Times
1	Test orientation	2-3
1	Math: fractions	4-5
2	Testing	9-4
2	Writing: run-ons	12-1
5	Writing: brainstorming	4-5
6	Math: percents	12-1
9	Testing	9-4
12	Math: graphs	4-5
13	Writing: beginning essay	12-1
14	Writing: focus	4-5
15	Test orientation	2-3
15	Math: geometry	4-5
16	Testing	9-4
16	Math: fractions	12-1
19	Writing: support	4-5
20	Math: percents	4-5
24	Math: basic algebra	12-1
25	Writing: fragments	4-5
26	Math: geometry	12-1
27	Writing: commas	4-5
28	Math: word problems	12-1

Tribal College Advising Day scheduled for November 18

Advising Day (the day to enroll in classes and to get information about programs) for all Muckleshoot Tribal College programs and partners will be Wednesday, November 18, 2009 in Rooms 204 and 206 from 10am-2pm. In addition to the Muckleshoot Office Skills Training Program, the Muckleshoot Scholarship Office, Northwest Indian College, Antioch University, The Evergreen State College, Bates College and the University of Washington representatives will be available for advising returning and prospective students. As always, refreshments will be available, including a light lunch. For more information please contact Michele Rodarte at 253-876-3192.

Is the BIA holding money for you?

We are seeking current addresses for certain Bureau of Indian Affairs Individual Indian Money (IIM) account holders. All Whereabouts Unknown (WU) accounts have either interests in trust land and/or funds to be disbursed to the rightful owners.

If you were enrolled with another Tribe and have since changed your enrollment to Muckleshoot, you may still have a BIA number from your former Tribe. You will need to have your old BIA number and your new BIA number merged.

Below is a list of IIM account holders from the Colville Tribes. If you or someone you know is on the list, please contact the Trust Services department at 253-939-3311.

Confederated Tribes of Colville

- Adams Jr., Thomas S.
- Baker, Alexander
- Baker, Elsie
- Baker, Paul A.
- Baker, Pauline
- Baker, Steven
- Baker Jr., Floyd
- Barr, Phillip E
- Bob, Wayne
- Jim, Myrna
- LaClair, Leslie A.
- Quintasket, James

For more information on the Whereabouts Unknown List, please visit the Office of Special Trustee website at www.doi.gov/ost.

Need Your **GED?** **Get Started Today** at Muckleshoot Tribal College!

How do I get started?
Just call or drop by the college during business hours. We'll talk about your previous educational experience and decide how to proceed based on your unique situation. Most students begin by taking a 30-45 minute pre-test, but this is not a requirement.

But I've been out of school for twenty years!
You don't have to remember everything you learned in high school. The GED tries to test how well you think about issues based on your life experience. So even if you have been out of school for a long time, you can pass this test if you study for it.

Interesting facts about the GED
Over 1,000,000 people took the GED last year.
Many well-known public figures have also earned their high school diplomas by passing the GED Tests. Among them are country western singer Waylon Jennings, Olympic gymnast Mary Lou Retton, comedian, actor and author Bill Cosby, actress Kelly McGillis, entrepreneur Wally Famous Amos, U.S. Senator Ben Nighthorse Campbell, Former New Jersey Governor Jim Florio, actor and director Charles Dutton (a Maryland GED graduate) and comedian and actor Chris Rock.
More than 95 percent of employers nationwide employ GED graduates on the same basis as high school graduates in terms of hiring, salary, and opportunity for advancement.
A GED will increase a person's income by at least 15% over a five-year period. A person with a GED will earn \$385,000 more than a person without a GED or high school diploma.

Test Dates:
October 16
November 6, 13, 20

Got questions?
Kitty Heite
GED Instructor
kitty.heite@muckleshoot.nsn.us
253-876-2977
Todd Johnson
GED Instructor
todd.johnson@muckleshoot.nsn.us
253-876-3256
Mitzi Judge
GED Examiner
mitzi.judge@muckleshoot.nsn.us
253-876-3395

MUCKLESHOOT TRIBAL COLLEGE
Alaska, Washington

<http://www.muckleshoottribalcollege.org>

Speak for Yourself

Thanks to the efforts of Fawn Fulgencio we now have an organized and usable library here at Muckleshoot Tribal College. The books are all cataloged and neatly lined up on the shelves. It is a big change from what it was this past spring. Then, the library was little more than a large closet and a stack of books.

Fawn worked for months organizing and cataloging the collection and creating a computerized system to check out the books. I stepped in the other day just to check out a book and stayed for nearly a half an hour just thinking about what the library means and how it fits into the life of the community.

I am a book lover. Since I love to read, the library is a magic place for me. Our library here at Muckleshoot Tribal College is tiny, but it is a mouse that roars. This library is dedicated almost exclusively to American Indian subjects and authors

I expect that some people who come into our little library see only books in cases, a table, a computer and a rolling cart, dead things that a person can stack on a table. But what I see when I walk into our library is totally different. I see people. Each book is written by a living person; when I open the book I can see into their thoughts. The person can be Sherman Alexie, an author I admire, who is living and writing today, or the person can be Susan Eastman, who was a witness to the terrible events at Wounded Knee in 1890.

Even after the writer has passed on, I can still pick up a book and get to know who they were and how they lived and what they thought about the big questions we all face within the human family.

The shelves in our library are filled with stories about Indians. Many are narratives, the thoughts of elders taken down by White (*my emphasis*) writers, interpreted by them and so they may not fully represent the beliefs of the person who originally spoke the story. There are many old books written by cultural anthropologists and ethnologists who lived with and studied various Indian cultures. While these are valuable in some ways, they do not reflect the thoughts of the people whose culture they were observing. Comparatively few of the books in our library were written by Indians.

What I am looking for is an old book that relates the thoughts of someone who lived right here in Muckleshoot long before I was born. Reading such a book, I could suddenly be buying candy at Cooper's Corner, or fishing in Elliott Bay at a time when there was nothing on the shore but long houses and giant trees. There would be no interfering voice of some White scholar to get in the way of the voice of the author. In this way I could know a little of what it was like to live here a hundred years ago.

I searched the shelves looking for just such a book. Sadly, I found little that was written by anyone who lived here more than fifty years ago, only little excerpts of interviews or short paragraphs within larger works. It was as if the past was filled with the voices of people who knew the grandfather we never met. His picture is on the wall. People can talk about him. But his voice is locked in silence.

Thankfully, the silence is being broken. More and more Indian writers are stepping up to speak for themselves. I applaud those wonderful Indian authors who give us a glimpse into their thoughts. It takes courage to reveal oneself to others in such an intimate way. The famous authors like Sherman Alexie, Vine DeLoria Jr. and Louise Erdich, and the no-so-famous authors, James Starkey, Phillip Red Eagle and Alvin M. Josephy Jr. are doing more than writing books. They are speaking their truths about themselves and their lives to the future.

A hundred years from now, readers will be reading their thoughts. Those future readers will not have to read the words of mere observers and wonder what Indian people really thought about the world. Writing books, blogs, and other published materials allows whole generations to speak for themselves.

Through case studies and thesis papers, narratives and even novels and short stories, future generations of Muckleshoot people will be able to get to know the voices of their grandmothers and grandfathers. Someday soon students will be able to walk into the Muckleshoot Tribal College Library and see it filled with publications reflecting the genuine voices and experiences of Muckleshoot people.

By C. Mariahn Scarborough, M. Ed.

Writing Center Coordinator, Muckleshoot Tribal College, 253-876-3375

Free Sylvan Tutoring For Your Child!

If you haven't signed up your child for a free tutoring program, now is the time. Sylvan Learning will provide after-school tutoring for *eligible students at no cost to you! **DEADLINE FOR 2009 IS October 31st.**

There are a limited number of spaces available, so please sign your child up now to take advantage of this opportunity.

Please complete the form below and return to Sylvan in the envelope provided. Keep the top half for your records. You will be contacted if your child is eligible for free tutoring. If you have questions, please call Sylvan at 1-888-WOW-SYLVAN.

**eligible students are in the free/reduced lunch program.*

Child's Name: _____

School/District: _____

Grade: _____

Parent Name: _____

Address: _____

Phone: _____

E-mail: _____

PLEASE CHECK ONE SUBJECT (greatest need):

I prefer MATH tutoring _____

I prefer READING tutoring _____


I prefer tutoring at my local Sylvan Learning Center _____

I prefer Sylvan tutoring to be held after school on school property _____

I request Sylvan Learning free tutoring for my child for the 2009-2010 school year.

Parent Signature: _____

Date: _____



The Tribal College computer lab has experienced some unfortunate damage this summer due to small children not being closely supervised. We are having to ask that children under age 10 not be brought into the lab. Sorry for the inconvenience.

Antioch University Seattle is in partnership with the Muckleshoot Tribal College to provide 1) Bachelor of Arts Completion program; and 2) Masters' degrees in Management, Organizational Psychology, Environment & Community, Whole Systems Design, and Strategic Communication. Jessica Porter is the Program Manager for Antioch's First Peoples' Programs. She may be reached at 206.406.3472 or jessica_porter@antioch.edu

Job Corps Builds Podium for New Tribal School

PHOTOS BY ANNIE MOSES

The new Muckleshoot Tribal School is, without a doubt, one of the most beautiful in the state. And, thanks to the Muckleshoot Job Corps, it has a beautiful new podium to match. The new hand-crafted podium was unveiled recently to rave reviews. Annie Moses of the Job Corps proudly tells of how the Job Corps members worked and worked to make sure that it was as perfect as possible, sanding and varnishing it until at absolutely glows. As a finishing touch, a sleek wood sculpture of a leaping salmon created by an artist friend of program manager James Iaone was added to the front. A labor of love, this gift of the Muckleshoot Job Corps will be a lasting treasure for the new school.



Birth to Three News

Looking for Infants & Toddlers!

Research has shown that in most cases the earlier a child is provided with needed services the better the outcome will be in the end. Some will never have to receive specialized services in their preschool or school-age programs. After all, look at how much a new baby is learning each and everyday, how much they have learned in that first year. Now think about how much your child has to learn in the first three years, before they reach preschool age or their first five years of life before kindergarten.



Birth to Three has a lot to offer your very young child. We provide services to infants, birth to thirty-six months of age. The Muckleshoot B3 Program provides a safe nurturing environment that promotes the language, motor, social/emotional, adaptive, and cognitive development of young children. The children have the opportunity to explore their native heritage through drumming, exposure to the Whulshootseed language, and an opportunity to participate in cultural activities.

The B3 Program is housed at the Muckleshoot Child Development Center and has a variety of options to serve you and your family. Families can participate through a variety of programs.

OPTIONS AVAILABLE:



Individual sessions- for infants/ toddlers to receive services at home, community setting (daycare, park, local center) or in the B3 center. Sessions can be as minimal as one visit every three to six months to monitor child's development or 2-3 times a week to incorporate early intervention services. These are scheduled on an individual basis depending on the needs of the child/family.

Group sessions-

Baby Group- for infants birth to eighteen months. BG is one time a week for one hour. A parent or caregiver must attend with the child. Currently BG meets on Tuesdays from 11am to 12pm.

Toddler Classes- for toddlers between the ages of eighteen to thirty-six months. Toddler classes are twice a week for two hours each session. There are currently four classes available; Monday/ Tuesday; AM and PM and Wednesday/ Thursday AM and PM. AM classes are from 9 to 11am and PM from 1 to 3 pm. Child is placed in class depending on availability and location of pick-up and drop-off.



ELIGIBILITY:

B3 serves infants/toddlers up to their third birthday who are;

A Muckleshoot descendent living on/near the Muckleshoot Reservation;
An enrolled member or proven descendent of a federally recognized tribe living on the Muckleshoot Reservation;

An enrolled member or proven descendent of a federally recognized tribe being transported to/from the Muckleshoot Reservation.

Priority of services will be given to infants/toddlers that:

Have a diagnosed physical or mental condition which is known to result in a developmental delay;

Have a diagnosed developmental delay confirmed by a qualified team of professionals.

If you have any questions or are interested in having your child participate in the Muckleshoot Birth to Three Program, please contact us at (253) 804-9695.



Toddler Class & Baby Group

We are happy to see all the children return and enjoy their time at Birth to Three. Just a few reminders for the classroom;

- Please do not put your child's best clothes on them when they go to school. We will be painting and playing, and we do not want to damage his/her favorite shirt. Part of learning is exploration and to do this it may be a messy process.
- Please label your child's coat, sweater, backpack with his/her name. At this age the children like to wear a lot of similar items and they sometimes get mixed up with what is theirs. Please assist us with labeling your child's items.
- We will need extra clothes, diapers/pull-ups and wipes. Please label and send with your child. If you are in the process of potty-training please let us know and let us know what words you use to assist your child. Consistency is the key to success.



Story Book Curriculum:

TODDLER CLASS: We have been reading "Where's Spot" by Eric Hill. This book is one of the children's all time favorites as they help mother dog try to find Spot for supper and finds eight other

animals hiding around the house. This is a flap book that assists toddlers with developing their fine motor skills and also language development with learning spatial words and labeling. Watch for this book to come home at the end of the month and enjoy looking through and finding Spot with your child.



BABYGROUP: We have been incorporating "Baby Faces" by FunFax, it is a book about facial expressions. It's a book...well...that's where the mommy or daddy step in and interact with baby through emotions, expressions, eye contact, imitation, babbling, and just plain bonding. But we can't leave it all to books and television! What it does do is help teach us adults to teach our babies about books, and that there are things to be enjoyed about them.

The size of the book is ideal for small hands to handle, and the real-life pictures are of toddlers, with one to two words and phrases per page. The topics covered are: happy, sad, puzzled, surprised, peek-a-boo, angry, worried, crying, laughing, hungry, kissing, dirty, clean, tired, and fast asleep.



DON'T FORGET TO SCHEDULE YOUR PARENT/ TEACHER CONFERENCE!

NO CLASSES;

Monday, October 26th – Parent/ Teacher Conferences

Thursday, October 30th- Parent/ Teacher Conferences

We wish the best for all of our kids on their special day. For those who are turning three we hope you have a good time in your next developmental (educational) program and we sure will miss you.

Transportation:

You may think the learning begins in the classroom, but it actually starts at home and on the bus ride to school. Help us by preparing your child for the transition to getting on the bus. Give them reminders, "today you are going to school", "the bus will be here shortly", "look there is your bus", "you are going to see your friends/teacher". This helps your child know what to expect. On the bus the children learn to be social and build relationships with their friends, they learn about their environment with locations of where school is, where their friends live, what road goes to their house and so on. The bus ride in is a very social place. We hear a lot from the children while they ride the bus. They talk to the bus driver, other children/ adults or just sing along with the familiar songs they know. To make this a safe and enjoyable time for the children we would just like to inform you of a few tips in assisting us;



- Do not send toys, drinks, or food on the bus with your child. What might be safe for your child, is not for others. With the exploring hands of these young children we want to be able to keep the bus ride as safe as possible. If you insist on sending any of these items with your child, you will need to accompany your child to insure that it does not reach the hands of another. The milk, juice, and food spills are also costing the program valuable funding that could be used for other resources.
- Insure that your child is properly secured in the bus harness. The harness is adjustable. To adjust there is an adjustment loop above your child's left shoulder to loosen or tighten the harness. To loosen the harness you will need to pull on the harness straps at the same time as you are pulling on the adjustment loop. To tighten you will only pull on the adjustment loop. If assistance is needed, please notify the bus driver.
- If you will be having another person other than parent/guardian getting the child off the bus and they are not listed as your emergency contact or alternative drop-off person, please notify the bus driver when picking up or call the B3 office to authorize the release of your child. If we are not contacted your child may not be released to another person. This only causes stress on your child not knowing where they will be and having to return to the B3 office and wait for an authorized individual to release them to.

What is Birth to three?



is the Muckleshoot Reservation or any Muckleshoot child living in Southeast King County. Native American children have the opportunity to explore their native heritage through drumming, exposure to the Whulshootseed

Happy Birthday!

Birth to Three would like to say Happy Birthday to:

September Birthdays:

Andrew- 3
Jesse- 3
Alayna- 3
Makayla- 3
Biduchyaht- 2
Clifford- 2
Teuila- 2
Leilani- 2
Payton- 1

October Birthdays:

Ryder- 3
Leslie- 3
Kirah- 2
Loren- 2
Lilia- 2
Kayden- 2



language, and an opportunity to participate in cultural activities.

The B3 program is funded by the Bureau of Indian Affairs and the Muckleshoot Indian Tribe. The program is primarily funded to provide services to children with developmental delays or disabilities. Funding from the Muckleshoot Indian Tribe allows typical

developing infants/toddlers to participate in the program to support their peers.

If you would like more information on the B3 program or are interested in having your child participate in the program, please call (253) 804-9695/ 833-2440.



Muckleshoot Youth Services

38977 172nd Ave SE, Bldg #1; Auburn, WA 98092
(253)876-3293

2009 Family Fun Night Schedule

The Youth Services Program is happy to announce that we will continue to have monthly family fun night events in 2009! However, we will be changing days to the first Thursday of every month.

Meals, activities and entertainment are provided. All youth, parents, and community members are welcome to attend.

So mark your calendars and join us each month for these special family fun nights at the MIT Youth Facility from 6-9pm on the first Thursday of every month.

2009 Family Fun Night Dates:
November 5th, December 3rd

Hope to see you there and feel free to call us with any questions, at 253-876-3383.

Muckleshoot Back-to-School Celebration

On Friday evening, September 18, the Muckleshoot Tribal Back-to-School Celebration kicked off, supported by Fresh Paint and their carnival. Members of the Pentecostal Church and the Summit Church in Enumclaw helped staff the busy carnival.

It was hard to tear the kids away long enough to have a dinner break, but after several announcements everyone headed over to the line to pick up an excellent dinner of barbecued ribs, corn on the cob, and coleslaw. The carnival included some new games, face painting, and a live band. The fun continued on Saturday.



Muckleshoot Pentecostal Church

Kenny Williams, Pastor

SCHEDULE

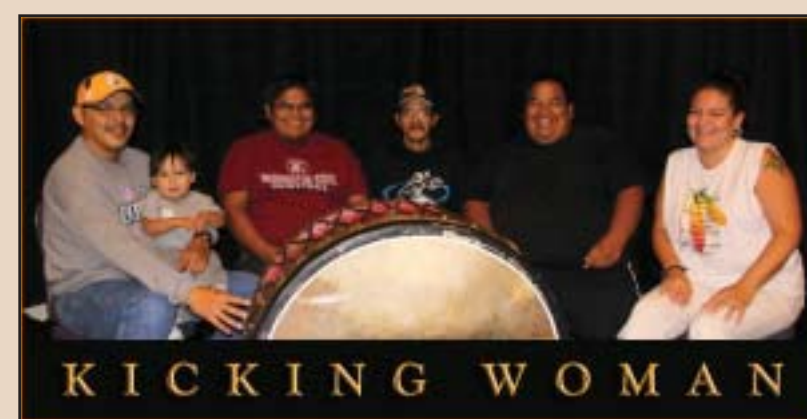
Sunday	10:00 AM	Prayer
	10:30 AM	Breakfast
	11:00 AM	Church Service
	12:00 Noon	Share (Potluck) Meal
	2:00 PM	Church Services/Classes
Tuesday	12:00 Noon	Prayer Meeting
Wednesday	7:00 PM	Bible Study
Thursday	12:00 Noon	Support Group Meeting
Thursday	7:00 PM	Spanish (language) Church
Friday	7:00 PM	Prayer Meeting
3rd Saturday	10:00 AM	Prayer Meeting

Native American Day at the Bingo hall

PHOTOS BY JOHN LOFTUS

The Muckleshoot Bingo hall hosted Native American Day on September 24. The goal of the event was to bring history and cultural awareness to the our guests. It was also a day for us to gather together to celebrate with fellow employees.

Thank you so much to Kickingwoman drum group, Raelynn Jansen, Merlin Kickingwoman and the rest of the group; Warren King George, our MC and Cultural Expert; the Tribal School song and dance performers with Mona Millan and Verna Harris; Sonny Bargala and the rest of our Muckleshoot Honor Guards from the Veterans Program; The Canoe Club Family; Autumn Judge, John Loftus, Sophia Courville, Patsy Paul, Beatrice Kahama, and all of our guests and participants, and our vendors who came with their jewelry, coffee, college information, etc. We can't thank you enough. We had guests thank us. They especially enjoyed participating in the evening performance.



Warren King George



Muckleshoot Elders Update



Birthdays in October

- Carole Calvert 10/01
- Margo Pacheco 10/14
- Chester Brown 10/15
- Robert Pacheco 10/16
- Marvin Ross 10/18
- Ellen Williams 10/19
- Florence Wynnw 10/19
- Marie Starr 10/20
- George Cross 10/23
- Christine Purcell 10/23
- Joseph James 10/27
- Bill Anderson 10/27
- Ken Calvert 10/27
- Wally Courville 10/28
- Elaine Sandoval 10/30



Flu Shots

Flu shots and H1- N1 will be here at the Sr 1 October watch for date and times. We would like as many of you to come and get yours this day.

Seahawks games tickets will be held as a drawing so we can make sure everyone has a chance to watch them play this year. Please feel free to call us if you want to be to be on raffle drawing.

We will be attending lunch at Squaxin Island on the 16th of October as our yearly visit and luncheon.

Care givers workshop

Care givers workshop In Oregon this year! We will be leaving October 21st returning on the 24th. Event will be hosted by the Warm Springs tribe at Kah Nee Ta Resort Please sign up at the Sr Center if interested. Care taker only.



Basket weavers 2009

Basket weaver's annual workshop was at Wolf lodge hosted by Chehalis tribe. Which are our annual event and always a wonderful turn out and learning experience for both elders and Staff? Next year it was announced to be held by Warm Springs tribe for 2010.

South Dakota trip

We want to thank the donation from the B&B construction Company with out this we all would not have been financially able to attend with twenty-nine participants. We were able to put together our trip in one week with twenty nine of us all together.

I want to thanks Walter and Leota for driving the Vans. The staff at Crazy horse memorial was wonderful, the help from Ruth and her staff was great when it came to transportation and information.

Elders 60 and over trips

I am working on one last trip for those wanting to sign up to go to Las Vegas please call me here at the office. 253-876-336 asap!

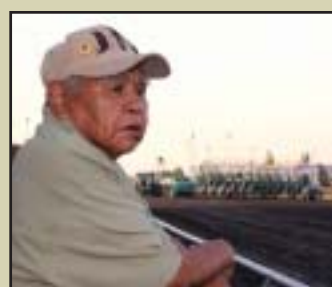
Our Prayers go out for to those who lost their loved ones.

- Birdie Starr/Pierce
- Kyle Peirce
- Reggie Pierce
- John Henry Simmons
- Irene Kai
- John & Tammy Byars



Former Jockey Tommy McJoe goes to the races

For the second year in a row, Tommy McJoe served as honorary steward for the Muckleshoot Tribal Classic. And, also for the second year in a row, Wasserman, with jockey Jennifer Whitaker aboard, won the big race. It was the first time that any horse had won it two years in a row, and now Wasserman's owner and trainer, Howard Belvoir, is thinking that Tommy is a good luck charm. "You should come to the races more often," he told him.

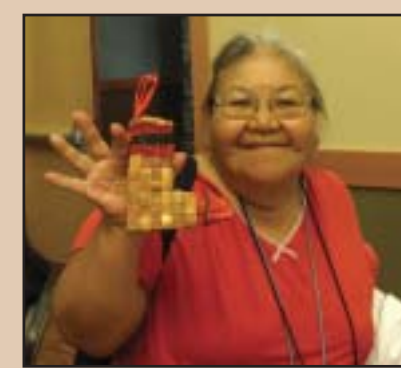
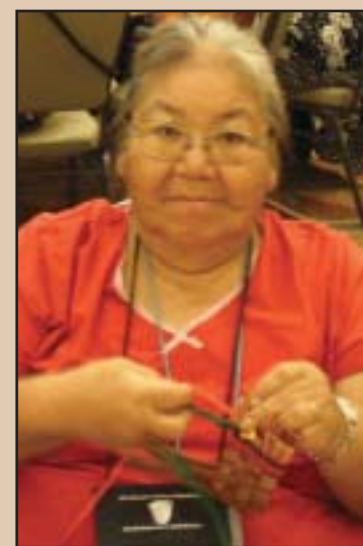


Seniors and staff visit Crazy Horse Monument

The Senior Center wants to give a BIG Thank you to BNB Construction, whose donation of \$25,000 to the Elders' Fundraising efforts made it possible for a total of 30 Elders and staff to celebrate the Crazy Horse Memorial in South Dakota. It was an unforgettable experience.



Basket Makers Workshop at Chehalis



Keta Creek Fall Classic Fishing Derby 2009

PHOTOS BY DENNIS MOORE & ERIC WARNER



CHECKING WATER TEMPERATURE

Mike Leslie is shown here rafting his way down the Green River as he retrieved thermographs Fisheries had located at various points to record water temperature during the summer months.

PHOTOS BY PATRICK REYNOLDS



MUCKLESHOOT HOUSING AUTHORITY

Annual Appreciation Day

The Muckleshoot Housing Authority holds this event every year to express its appreciation to all its tenants, and would like to especially thank the Youth Work Training Program participants for their help in making the day a big success!



MUCKLESHOOT INDIAN TRIBE Public Works Division Community Development

September, 2009

NOTICE FOR FIREWOOD DELIVERY PROGRAM

With limited supplies of firewood for this coming winter, we provide the following information to assist all Tribal members who request firewood from Public Works:

1. Public Works will deliver firewood from October to March of each year only as directed by the Council.
2. Each approved household can have up to 2 cords of wood for each of these months.
3. All Tribal members requesting for wood must have an updated application forms with Public Works. Application forms needs to be updated each year. Bring your Tribal enrollment card with you when updating the application form. Members with outdated application will not be served.
4. All Tribal members received wood shall not resell the wood for profit.
5. All firewood requests shall be through the Work Request form filled out by the members with specific delivery address. Only one address per member household will receive delivery.
6. Member shall not collect firewood from the Public Work yard directly.

Also:

1. Due to the limited supplies of Fir wood, some of the delivery may have some Hemlock or other species of wood mixed in.
2. Due to the winter raining condition, it is up to each tribal member to keep all delivered wood dry and out of the weather. Covering them with a plastic tarp or under cover is strongly recommended.
3. It is unavoidable to have some bark or wood debris mixed in the wood pile, especially when the wood is left in a pile for an extended period. Public Works will make all effort to screen all firewood and keep them dry before we make the delivery.
4. Public Works only responsible for delivery the firewood to your property and make all effort to unload them at the designated area, if possible. It is the member's responsibilities to stack them and protect them from weather.
5. Only for Elders and adult Handicapped members, Public Work staff will assist in stacking the firewood.
6. Public Works has limited supplies of tarp for the covering of the firewood. We can provide them as long as supplies last. Members that have been given one in prior year may be in a lower priorities in getting a replacement.

Please direct all firewood delivery requests through Public Works Wood Cutting Office between 7 AM to 4 PM on business days only. Call 253-876-3173 or email forrest.nelson@muckleshoot.nsn.us to request firewood. Please do NOT request through any staff member directly.

Thank you for your attention and your cooperation will help us to serve you more efficiently.

Public Works staff member saves a life



Brad WhiteEagle: "It's all in a day's work."

On a sunny afternoon on September 17, Brad WhiteEagle, our new employee with the Public Works, happened to be at a site by SR 167 performing a utility survey work when a car drove in and stopped on the shoulder next to where he was working.

Brad noticed right away that something was wrong with the driver and the passenger. As he approached the vehicle, he realized the passenger, an elderly man, seemed to be experiencing either a seizure or an apparent heart attack, and the lady driver was panic and was trying to calm him down after pulling the vehicle to the shoulder.

After a quick inquiry to confirm the situation, Brad called 911 and summoned emergency response. After calming both the driver and the passenger down, Brad managed to stay calm and acted swiftly to save the life of a elderly gentleman while he conducted his normal daily duties as an Utility Worker for the Tribe.

Brad was later offered a reward by the driver for his heroic act, but he adamantly refused and told the lady that it was his pleasure to help others who are in need. He told her that he was just doing his duty and then he went on to continue his work.

ATTENTION TRIBAL MEMBERS

Bank of America will be requiring 2 pieces of Picture I.D. to cash all checks, including Per Capita checks for Tribal members.

The Tribal I.D. is acceptable as a secondary piece of I.D.

Please be prepared!

Pass this information on to family and friends !

TWO PIECES OF I.D. NEEDED



PER CAPITA

REMINDER

IF YOU HAVE DIRECT DEPOSIT FOR YOUR PER CAPITA AND THE ACCOUNT HAS BEEN CLOSED OR CHANGED PLEASE NOTIFY US AS SOON AS POSSIBLE

IF WE HAVE ALREADY PROCESSED THE INFORMATION IT IS TOO LATE TO CHANGE IT AND YOU WILL HAVE TO WAIT FOR THE BANK TO KICK IT BACK TO US VERIFYING IT DID NOT GO THROUGH BEFORE WE CAN CUT YOU A CHECK

THIS PROCESS CAN TAKE A FEW DAYS SO PLEASE SO UPDATE YOUR INFORMATION RIGHT AWAY

REMEMBER

BANK OF AMERICA REQUIRES TWO PIECES OF ID TO BE ABLE TO CASH A CHECK WITH THEM

ENROLLMENT CUT OFF DATE IS NOVEMBER 30 TO RECEIVE A MARCH 2010 PER CAPITA

IF YOU HAVE ANY QUESTIONS CONCERNING PER CAPITA'S PLEASE CALL

YVONNE @ 253-876-3162 OR

HEATHER EVANS 253-876-3189

MIT SOLID WASTE COLLECTION PROGRAM

Hours of Operation:

The Public Works operate a Solid Waste Collection Station located at 40320 Auburn / Enumclaw Rd., (Entrance from So. 400th Street)

Monday- Friday: 8:00 AM - 3:30 PM

Saturday-Sunday: 1:00 PM - 5:00 PM

Holidays Closed

Policy:

- The facilities are free and restricted to all MIT Tribal members use only. (No exceptions.)
- No commercial vendor or contractor shall use this facility for commercial waste.
- All waste shall be put in the specific designated locations or bins. Repeat violators may be barred from further use of the facility.
- All members shall keep the ground clean at all times. Report any spills to the office immediately.

Housing Tenants:

All Housing tenants must request dumpster service through MIT Housing Department. Please call 253-833-7616.

How to Request a Dumpster:

Members who are either home owners / renters can request dumpsters to be delivered to their site for a special cleaning project. Members are required to come in to the Public Works office during the business hours to fill out a Work Request form after obtaining approval from the Housing Department. Dumpster size ranges from 3, 5 and 8 cubic yards. Larger size is available upon special request.

No mixed waste shall be allowed in each dumpster. Yard waste, garbage, appliances and electronic items shall not be put in the same dumpster. Members with mixed waste are requested to bring their items to the Public Works Collection Station.

Property / Site Clean up:

Code Enforcement may require the land owner to clean up their property. Dumpster can be requested to be delivered to facilitate the project. Please call the PW office to request a dumpster for the project. For salvage vehicles removal, please call Planning Dept. Lenny Sneatlum at 253-876-3324.

Demolition Projects:

Should a home or any structure / trailer needs to be demolished, please first obtain a demolition permit from the Planning Department and then bring the permit to the Public Works Department to arrange the work to be performed.

What can you bring to the Collection Station?

- Yard Waste
- General Household garbage
- Tires, small engine, batteries
- TV, computer and other electronic items
- Major appliances
- Waste oils and paints

All items above shall be put in separate designated area and dumpsters. DO NOT mix the above listed waste.

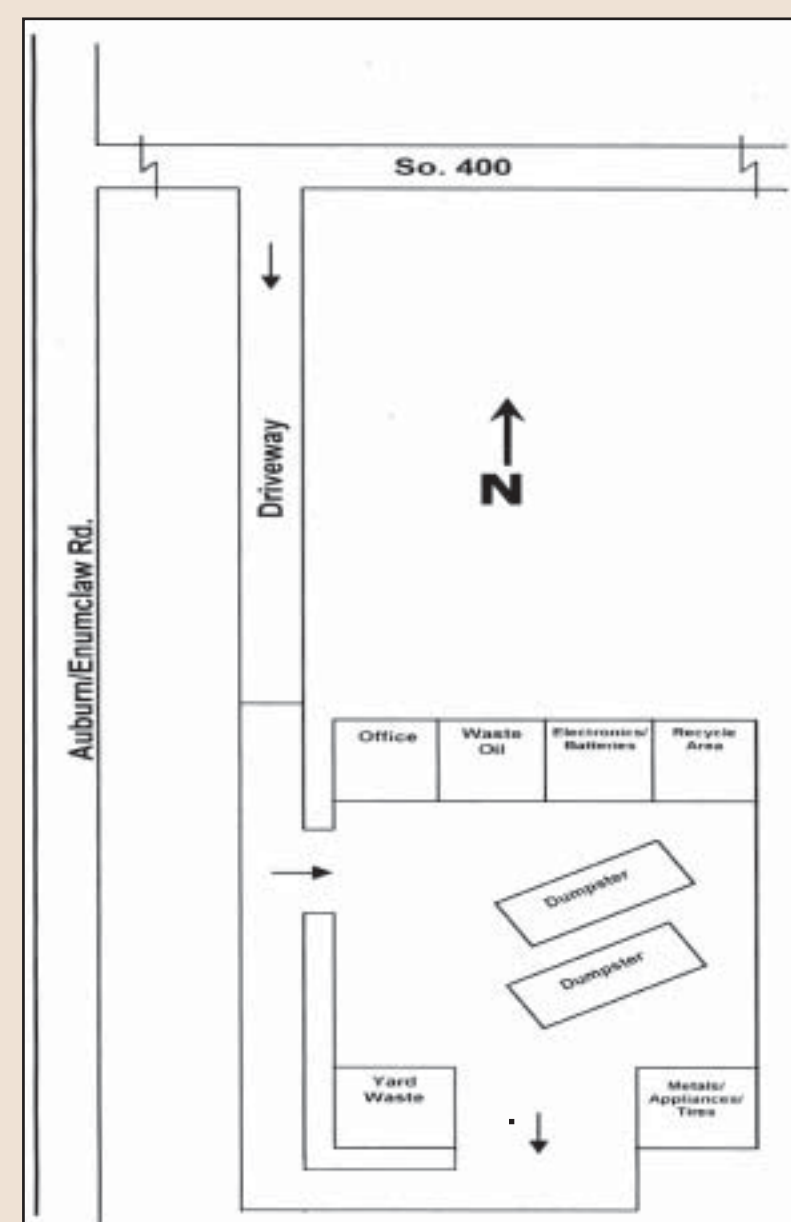
Any questions regarding the use of the facilities or services, please call the Public Works Office at 253-876-3281 between 7 AM to 4 PM. (M-F).

Notes:

- A new recycle area is designated to collect recyclable waste such as newspaper, card boxes, bottles and cans.
- The Collection Station is monitored by surveillance cameras. Any violators may be cited for penalties as allowed by the MIT Codes.

All tribal members requesting dumpster delivery and pickup should call 253-876-2911.

Please leave a message with your name, address and size of dumpster if no one is answering the phone.



Warren and Lori Oliver Wedding

September 9, 2009



Is the BIA holding money for you?

We are seeking current addresses for certain Bureau of Indian Affairs Individual Indian Money (IIM) account holders. All Whereabouts Unknown (WAO) accounts have either interests in trust land and/or funds to be disbursed to the rightful owners.

If you were enrolled with another Tribe and have since changed your enrollment to Muckleshoot, you may still have a BIA number from your former Tribe. You will need to have your old BIA number and your new BIA number merged.

Below is a list of IIM account holders from the Colville Tribes. If you or someone you know is on the list, please contact the Trust Services department at 253-939-3311.

Confederated Tribes of Colville

- Adams Jr., Thomas S.
- Baker, Alexander
- Baker, Elsie
- Baker, Paul A.
- Baker, Pauline
- Baker, Steven
- Baker Jr., Floyd
- Barr, Phillip E
- Bob, Wayne
- Jim, Myrna
- LaClair, Leslie A.
- Quintasket, James

For more information on the Whereabouts Unknown List, please visit the Office of Special Trustee website at www.doi.gov/ost.

Here's your chance to get rid of old tires, appliances, etc.

King County Solid Waste will be hosting a residential recycling event at Auburn Riverside High School on Saturday, October 24 from 9:00 AM to 3:00 PM.

All King County households are invited to bring in their scrap metal, bulky wood waste, refrigerators, freezers, household air conditioners, tires, mattresses, electronic equipment, concrete, rock, asphalt, brick, sinks, toilets and miscellaneous household items.

Business and commercial loads will not be accepted, nor will computers, monitors, laptops, and televisions. Call 1-800-RECYCLE <http://www.ecyclewashington.org> for more information.



AVON
AVON CALLING!

Hello Everyone! My name is Sheryl Sneatlum (-Teo) & I'm writing to let everyone know that I'm selling Avon Products and I've been doing this since Feb. & it's been lots of fun, so far!

I'm also looking for people who might be interested in doing this, If I can do it, Anyone CAN!

The Holidays are just around the corner and we could all use the extra \$\$, right? Anyway, Please contact me, if you wish to buy (or sell!) Avon A.S.A.P.!!!

You can also order online at my Avon Website:

<http://www.youravon.com/ssneatlum>

You will find alot of sales there!

You can also call me anytime and I will get back to you and deliver you the latest brochure (in the Auburn area only, please!). Or I can also take your order over the phone: (253) 735-6736.

If you want to order through E-mail, that's fine, too. My e-mail address is: rezzgirl1@yahoo.com

Either way, would be great! Even if you live off from the Rez, you can still order at my Website and have it delivered to your house, I believe you need a credit card to do this, though.

Thanks for your attention and I'll be waiting to hear from you!

Sincerely,

~ Sheryl Sneatlum (-Teo) ~

Christmas Shopping

It's time to think about gifts for those you love.

Why wait til the last minute?

Do your shopping early.

Anyone would be thrilled to receive one of these beautiful gifts beaded by our Native friends who are incarcerated, Patrick Calfrobe, Clinton Larry and Floyd Gonzales. Photos do not do justice to the jewelry. You really have to see it to truly appreciate the intricate detail work. And for the quality of the craftsmanship they are reasonably priced.

The suggested prices:

- Muckleshoot necklace \$150.00 (only shown for an example; something like it can be ordered and made to your liking)
- Loom necklaces \$100.00 go with the earrings
- Choker \$45.00
- Hair Tie Barrettes \$40.00
- Necklace (bear paw) \$75.00
- Necklace (coastal design) \$50.00

Some prices are negotiable.

Please contact Pies Underwood at (360) 276-8211 ext. 267 Or cunderwood@quinault.org



Employees of the Month

David Heredia Sr.

David Heredia Sr is a great role model, someone who is very dependable. Mr. Heredia has great communication skills at work and apart from work. Mr. Heredia is willing to give guidance to his community members as well as his associates. Mr. Heredia presents himself as an effective Leader when it comes to work. David desires to go the extra mile, beyond what is expected of him.



Lenny Sneatum

Lenny Sneatum, the Tribe's Code Enforcement Officer, was selected as employee of the month for his efforts to keep the Muckleshoot Reservation clean and safe. Lenny coordinates much of the cleanup activities for the tribe. He identifies and removes illegal dump sites and works with tribal members to keep their areas neat and tidy. Lenny also runs the Salvage Vehicle Program that has removed over 700 junk vehicles from the reservation in the last two years. Congratulations Lenny and keep up the good work!



Celebrating Entrepreneurship in Tribal America

Inspiring a New Generation of Leadership and Innovation

Albuquerque, NM – Entrepreneurship is on the rise in Tribal America: it can be a solution for those found jobless in the current economic client. And, it involves people in their communities.

Telling the stories of American Indian business owners is one publication, *A Cup Cappuccino for the Entrepreneur's Spirit™*.

Capturing the challenges and successes of entrepreneurs of all levels, the special edition book will tell the stories of American Indian women business owners. According to the U.S. Census Bureau, the number of American Indian owned and operated businesses in the mid-nineties doubled, and in 2002 the National Commission of Economic Development suggested this trend to continue.

Entrepreneurship in Tribal America asserts self-determination, community involvement, economic development and other important issues. Most missteps on the path to successful entrepreneurship are not unique. This publication reaches out to successful businesswomen to hear about their best practices and lessons learned. This project utilizes the indigenous concept of storytelling and sharing knowledge to inspire and educate a new generation of entrepreneurs.

A Cup of Cappuccino for the Entrepreneur's Spirit™ features a series of books of entrepreneurs' true stories written to inspire, energize and teach the reader. The stories include adversities, challenges, triumphs, and successes experienced by the entrepreneur to help readers discover passion and basic principles they can use to live the entrepreneurial dream.

CALL FOR SUBMISSIONS

Overview. *A Cup of Cappuccino for the Entrepreneur's Spirit: American Indian Women Edition* is intended to develop aspiring business owners. Individuals will use the book to study entrepreneurship and management concepts from an Indigenous perspective. Indigenous businesses, created by women, will be profiled within the book or published electronically.

We are seeking essays written in the first-person from Indigenous women of all industries. Submissions from emerging, grassroots entrepreneurs to established, global businesswomen will be accepted. The personal narrative should record how you decided to embark upon your career, what inspires you, how did you turn your ideas into reality, where are you now and what are your next steps.

Additionally, we are interested in essays that explore new definitions of entrepreneurship and Indigenous empowerment that are pushing women toward new thinking around economic and social change.

These case studies will be compiled and your story shared. You can inspire and educate other entrepreneurs to know that with perseverance, hard work, and values it is possible to live the dream of an entrepreneur to better yourself and your community.

Each case study would feature an entrepreneur of the following level of experience:

- **Emerging** – First time entrepreneurs who are facing the challenges of start-ups and currently witnessing their ideas materialize.
- **Established** – Recognized entrepreneurs currently excelling and looking for new opportunities for expansion and development.
- **Emeritus** – Retired entrepreneurs with insight into the challenges and triumphs of successful business.

A Cup of Cappuccino for the Entrepreneur's Spirit™ features a series of books of entrepreneurs' true stories written to inspire, energize and teach the reader. The stories include adversities, challenges, triumphs, and successes experienced by the entrepreneur to help readers discover passion and basic principles they can use to live the entrepreneurial dream.

Visit www.acupofcappuccino.com for more information, or email molly.tovar@cimtel.net or nicole.wheeler@cimtel.net.

THE LATEST FROM THE

Social Services Department

Social Services Specialist Linda A. Starr, Muckleshoot Resource Center, 253-876-3338

Low Income Energy Assistance Program

Please be advised that the Low Income Energy Assistance Funds have been exhausted.

However, if you are a tribal member and have not utilized your emergency assistance funds, you may be eligible for assistance with your utility bills through this program.

Tribal members may check with the Resource Center during the month of November to see if there are any Tax Funds available for assistance with your utility bills. The Tax Fund Energy Assistance Program follows the same guidelines as the LIHEAP program and is therefore an income eligible program.

Qwest Discounted Telephone Service

Tribal Lifeline / Tribal Link-Up

Applications for discounted telephone service for those that meet the following criteria are available at the Muckleshoot Resource Center:

Eligibility Requirements: Applicants must live on tribal lands and participate in at least one of the following public assistance programs to qualify:

- Food Stamps
- Medicaid
- Supplemental Security Income (SSI)
- Federal Public Housing Assistance
- Low Income Energy Assistance Program
- BIA General Assistance Programs
- Tribally Administered Temporary Assistance For Needy Families
- Head Start (Meeting Income Test)
- National School Lunch Programs

If you are interested in either of these programs and meet the above listed criteria, please see Linda Starr at the Resource Center for an application.

General Assistance

General Assistance is available for the month of October, 2009.

Applications for the General Assistance Program are available at the Resource Center Lobby. Completed applications are due back by Friday, October 23rd. Check disbursement will be Friday, November 6, 2009.

Individuals that are finishing their high school diplomas, receiving training classes, searching for employment or are participating in drug/alcohol programs may be eligible for this program.

Applicants must be an enrolled member of the Muckleshoot Tribe or a member of a federally recognized band of Indians residing on the Muckleshoot Reservation.

Applicants who are receiving Temporary Aide to Needy Families (TANF), or Supplemental Security Income (SSI) payments in their own right or whose needs are included in such payments are not eligible for the General Assistance Program.

All applicants for the General Assistance Program who are deemed eligible for potentially eligible for assistance from other programs including TANF or SSI programs shall be required to concurrently apply for that assistance unless good cause exists, such as physical isolation with sporadic access to transportation, or the intermittent availability of the state eligibility specialist, temporarily prevents concurrent application.

Exemptions from requirements may include the following individuals:

- Persons under the age of 16 years
- Full-time students under the age of 19 who are attending an elementary or secondary, school or a vocational or technical school equivalent to a secondary school.
- Persons suffering from an illness, when it is determined on medical evidence or in other sound basis that the individual's illness or injuries are serious enough to temporarily prevent employment
- Incapacitated persons, when verified by a physician or licensed certified psychologist
- Persons, upon the documented assessment of Social Services Specialist are deemed incapacitated because of age, physical disability or mental impairment
- Caretakers responsible for a person in a home who has a verified physical or Mental impairment that requires the caretaker to be a household member available to assist
- Parents or other individuals who personally provide full-time care of a child under the age of 6.

See Linda Starr at the Resource Center if you are interested in General Assistance.

NATIVE AMERICAN CATHOLIC MASSES TO BE HELD

Celebrate the Catholic Native American Mass with Father Pat Twohy and the Tacoma Kateri Tekawitha Circle at St. Leo Parish located at 710 South 13th Street in Tacoma. Services will be held every Sunday in November starting at 4:00 p.m.

First Sunday will include after Mass: juice, coffee and donuts with a 50/50 Raffle. Second, fourth and fifth Sundays will include after Mass: juice, coffee and donuts, and the third Sunday after Mass will include a delicious potluck. All are welcome.



Muckleshoot King County Library Hours

Monday-Thursday 10am-9pm
Friday 10am-6pm
Saturday 10am-5pm

October Events at the Muckleshoot Library

39917 Auburn Enumclaw Road, Auburn, WA 98092
253-931-6779

Story Time

Stories and Strings

Wednesdays, October 28 at 11:00am

Description: Please join us for stories, sing-alongs and other fun activities.

Early Literacy Fiestas

Early Literacy Party in Spanish

Tuesday, October 27 – 6:30pm

Description: For Spanish-speaking families with children, newborn to age 5. Eight series of FREE workshops. Families learn about Early Literacy and how to prepare their children for Kindergarten.

Gaming

Gaming Zone

Tuesday, October 27 – 3:00pm

Description: Board games! Puzzles! Wii! Come on down and have fun playing a variety of games. Challenge your friends!

Bob Charlo gets write-up in UW publication

Jon Marmor, editor of the UW alumni magazine "Viewpoints" wrote the following story about photographer Bob Charlo and the teepee image he shot that became the symbol of a PBS television series.

Bob Charlo, '04, has taken great pride in being the first enrolled member of the Kalispel Nation in Eastern Washington to graduate from the University of Washington when, in 2004, he earned a bachelor of arts degree from the School of Art in interdisciplinary visual arts.

For the past 20 years, he has made a name for himself both as a photographer and for the past ur years teaching photography to Native youngsters from the Muckleshoot Tribe. But Charlo recently became something of a celebrity when PBS decided to use one of his photographs as its signature image to promote a five-part documentary series on the American Indian experience and history called "We Shall Remain."

The photograph, "Nespelem," features a lone teepee set against a dramatic, cloudy sky, and the American flag supported and waving over the teepee. Charlo took the image in the summer of 1992 on the Colville Reservation in central Washington while attending an annual celebration in Nespelem.

PBS came across the image after someone picked up a note card or poster with the Nespelem image on it at a gift shop at the National Museum

of the American Indian in Washington, D.C. PBS American Experience, out of Boston, got in touch with Charlo and the rest is history.

"They are labeling it as an iconic image," says Charlo. "To me, it still represents that we—Native people—are still here and still as vibrant as we were 500 years ago. We are not or ever will be a conquered people. We have always been and still remain a contributing people."

To order a print of his "Nespelem" photo and to see more of Charlo's award-winning photographs, visit his Web site at www.bcharlofineart.com.



Bob Charlo



Calling all witches,
goblins and ghosts

Community Halloween Costume Party
(Dress in your favorite costume, and you might win a prize!)

Friday, October 30th
6:00 - 9:00 pm
at Emerald Downs



**Community
Thanksgiving Dinner**

Monday,
November 23rd
6:00 - 9:00 pm

Location: to be determined



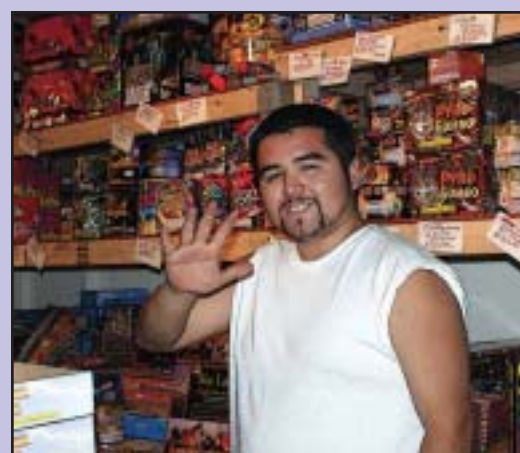

*Muckleshoot
Tribal Christmas Party*

Monday,
December 21st
6:00 - 9:00 pm

Location: to be determined

Fireworks 2009!

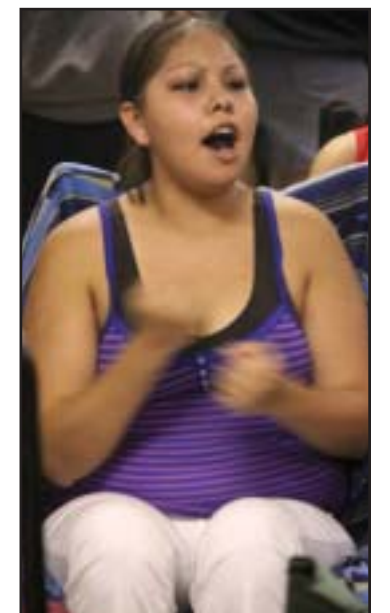
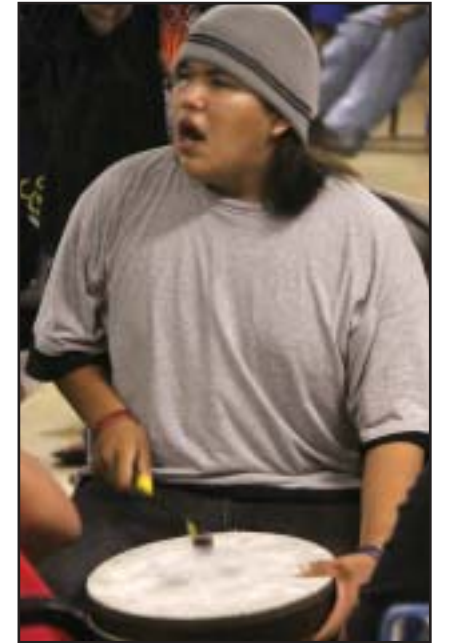
PHOTOS BY ANNIE MOSES



MUCKLESHOOT CASINO

Sla-Hal Tournament 2009

PHOTOS BY JOHN LOFTUS





MUCKLESHOOT POLICE



Muckleshoot Police September Recap

08/22/09 5:30 pm 09-214523 White River Amphitheater Theft from Vehicle

Victim returned to their vehicle and discovered that it had been broken into and items taken. Extensive damage was done to the dash area when the stereo was removed.

08/23/09 8:00 pm 09-212358 39000 block 180 AV SE Vandalism

An adult female discovered a small hole in an outer pane of a window on her house. The hole was approx. the size of a BB.

08/24/09 1:20 pm 09-211264 17200 block SE 387 PL Violation of a Court Order

An adult male and an adult female were discovered together when a witness went to the residence looking for their stolen property. The female has a valid no contact order against the male. The male and female fled the residence when a witness said they were calling the police. The female had a misdemeanor warrant with King County. The male was cited for violating the order.

08/24/09 7:15 pm 09-211550 SE 399 ST/Auburn-Enumclaw RD SE Violation of a Court Order

During a traffic stop an adult male and an adult female were discovered together, the female had a valid "No Contact Order" against the male. The male was arrested and booked into King County Jail for violating the court order.

08/25/09 1:45 am 09-213687 Skopabsh Village Assault (Domestic Violence)

A young adult female was at a house in Skopabsh Village drinking alcohol and smoking marijuana when her young adult female cousin came in and told her to leave. The two went outside; the suspect pushed the victim down and punched her several times in the face, the victim blacked out. The incident was not reported until the next day when the victim went to the hospital for her injuries. The suspect was charged with "Assault in the Fourth Degree DV."

08/25/09 11:45 pm 09-212751 Cedar Village Juvenile Runaway

A parent reported their juvenile child as a runaway after the juvenile left the house after an argument over the child drinking alcohol.

08/27/09 3:20 am 09-214186 37000 block Auburn-Enumclaw RD SE Vandalism

A rock was thrown at a vehicle on the Auburn-Enumclaw RD SE hitting the hood then the windshield. The vehicle's hood was scratched and the windshield was cracked.

08/27/09 5:00 am 09-213983 Unknown Location Aggravated Assault

An adult male was bleeding from the mouth after he returned to the residence he was staying. The male did not want 911 called, later he was still bleeding heavily from the mouth so 911 was called. A deputy arrived, the male said he did not know where the assault occurred, who assaulted him and could not or would not describe the suspects or the vehicle. The male was transported to the hospital. Information was received that the male has pain killers prescribed to him and that he sells the pills to acquaintances.

08/27/09 4:00 pm 09-214642 16800 block SE 392 ST Suspicious Circumstance

A dead crab was thrown through an open window of a house for sale.

08/27/09 8:00 pm 09-214815 Muckleshoot Library Theft from Auto

Prescription medicine was stolen from an unlocked vehicle in the parking lot of the Muckleshoot Library.

08/28/09 6:20 pm 09-215762 Pow-Wow Grounds Theft

An adult female's wallet was stolen when she placed it on top of her purse while signing registration forms at the Pow-Wow.

08/29/09 10:34 am 09-216127 Davis Property Death Investigation

A young adult male committed suicide while visiting from out of state.

08/30/09 5:05 pm 09-217163 40900 block 174 AV SE Felony Warrant Arrest

An adult male was arrested on a felony Department of Corrections warrant for Escape; he was booked into the King County Jail on the warrant.

09/01/09 4:25 pm 09-218930 41100 block 180 AV SE Family Disturbance

An adult male and a female in a dating relationship and living together got into an argument when the male held the female against a bedroom door by her throat. Another resident in the house called 911. The male pushed the female out the door and into their car. When deputies arrived they were unable to get any information on where the male or female might have gone. A report was written documenting the incident.

09/06/09 6:32 am 09-223362 Skopabsh Village Disturbance

Tribal security called the police after a resident called them saying there was a female upstairs in her house yelling and throwing things around, it was unknown why she was yelling or at who if anyone. When the deputy arrived he talked with the female resident, the female screaming was the juvenile girlfriend of her son. When the deputy contacted the juvenile female she lied about who she was, was uncooperative and kept yelling at her boyfriend. No crime appeared to have occurred and nothing appeared broken.

09/06/09 4:00 pm 09-223549 SE 376 ST/Auburn-Enumclaw RD SE Warrant Arrest

An adult female was contacted during a traffic stop; she had a misdemeanor warrant for "Assault in the Fourth Degree." The female was booked into the King County Jail on the warrant.

09/08/09 11:44 am 09-224891 41400 block Auburn-Enumclaw RD SE Warrant Arrest

An adult male was stopped for a traffic violation. The male had a misdemeanor warrant from Kittitas County for "Failure to Comply with Court Order/Probation Violation" on an original DUI charge with a \$5,020 cash only bail. The male was arrested and booked into the Regional Justice Center (RJC) on the warrant.

09/09/09 3:15 am 09-225533 Cedar Village Drunkenness

A parent called about their intoxicated out of control juvenile. The juvenile became combative when deputies arrived. The juvenile was sent to the hospital by an ambulance due to their high level of intoxication.

09/11/09 7:00 am 09-230321 39100 block 180 AV SE Juvenile Runaway

A juvenile was last seen getting on the school bus on a Friday morning. The juvenile did not return home and has not been seen. The juvenile was reported missing on Monday morning.

09/12/09 4:00 pm 09-228871 Skopabsh Village Assault

An adult male was driving his vehicle thru Skopabsh Village when another adult male stepped in front of the car. The other male came to the open driver's side window and punched him in the shoulder; he had a red mark on his shoulder. When the other male was contacted he said the driver was speeding thru the neighborhood so he stepped in front of his car to stop him and that they only exchanged words and that he did not hit the driver. The second male was cited for "Assault in the Fourth Degree."

09/14/09 9:00 pm 09-230710 S River ST/1 AV Warrant Arrest

A juvenile was contacted while sleeping in a vehicle. The juvenile had a no bail misdemeanor warrant for Domestic Violence (DV) Vandalism. The juvenile was arrested on the warrant and booked into the Youth Services Center (Juvie.)

09/15/09 5:35 am 09-231118 SE 384 ST/172 AV SE Assault, Cutting

A bloody adult male banged on a travel trailer, the resident had someone from the house call police. When the first deputy arrived the male was discovered bloody and laying in the roadway at SE 384 ST & 172 AV SE. Aid/medic crews discovered a puncher wound to the male's right side. The male was airlifted to Harbor View Hospital. The investigation is on going.

09/16/09 8:47 pm 09-232851 SE 390 ST/164 AV SE Fight Disturbance

An adult intoxicated female went to a house in Cedar Village after being in a fight and assaulted. When the deputy arrived the female lied about her name but told the deputy she was in a mutual fight with two other females and she won the fight. The female went on to say that after the fight she was jumped by the two same females and to males. The female would not provide any names and did not want to be a victim, assist in the investigation or prosecution. The female was transported to the hospital for minor injuries by an ambulance.

09/18/09 10:00 am 09-234113 Muckleshoot Indian Reservation Child Rape

Child Protective Services (CPS) referral of rape of a child. No further details being disclosed due to the nature of the report and investigation.

09/18/09 1:00 pm 09-234240 Legal Building Family Disturbance

Boyfriend and girlfriend were in a loud verbal argument outside the Legal Building, an employee called 911. The male was contacted at the scene; the female was gone when the deputy arrived. The female was located by a second deputy at the tribal school. No crime had occurred, a report was written for informational purposes.

09/18/09 3:00 pm 09-234411 Pentecostal Church Theft

The base to a basketball hoop was discovered stolen sometime overnight.

09/19/09 11:50 am 09-235131 Skopabsh Village Child Abuse

Muckleshoot Police were called to the Auburn Hospital to investigate a possible child abuse. The toddler was in the emergency room for injuries that occurred on 09/17/09. Indian Child Welfare (ICW) and Child Protective Services (CPS) were also involved and responded to the hospital. No further details due to the nature of the case and ongoing investigation.

Traffic Stops

Forty Four (44)

ATTENTION TRIBAL MEMBERS

Bank of America will be requiring 2 pieces of Picture I.D. to cash all checks, including Per Capita checks for Tribal members. The Tribal I.D. is acceptable as a secondary piece of I.D.

Please be prepared!

Pass this information on to family and friends !



MEET A MUCKLESHOOT DEPUTY

Carrie Andersen

Deputy Carrie Andersen is one of our newest members of the Muckleshoot Police team. Carrie has been here at the Muckleshoot since August of this year as a member of the newly formed Community Response Team (CRT.) Carrie had worked unincorporated King County patrol since January of 2009.

Prior to going back to patrol Carrie was a detective for five years at the Maple Valley Precinct, most recently as the Auto Theft Detective, and prior to that as a Burglary/Larceny Detective.

Carrie spent her first four and a half years on the sheriff's office working uniformed patrol at the Burien, Shoreline and Maple Valley precincts. This gives Carrie a total of ten years with the sheriff's office.

Before coming to the King County Sheriff's Office Carrie was a Reserve Deputy with the Lewis County Sheriff's Office for two years. Carrie has an Associate's Degree in Psychology from Centralia Community College. She is a tribal member of the Delaware Indian Tribe from Bartlesville, OK.



Carrie Andersen

Important Phone Numbers

Emergency - 911

NON EMERGENCY- 206 296 3311-

If you need the on duty deputy to call or contact you.

KCSO/MITPD Office -253 876 3246- Administrative questions

Silent Witness- 253 876 2850 - Anonymous tip line

REPORT CRIME ANONYMOUSLY:

CALL THE "SILENT WITNESS" TIP LINE

253-876-2850

PLEASE remember that this TIP line is NOT a substitute for calling 9-1-1 for crimes that are "in progress." The TIP line will NOT be answered by an officer. It is ONLY to be used for providing information about illegal activity that you want to let the police know about *anonymously*.

"We are ALL part of the solution.....together !!"

Thanks

I just want to give thanks to the tribal council for approving and building the Recovery House. Thanks to the employees who work with our people, and a big thanks to each individual who has embraced the opportunity to live in a sober environment, and who are maintaining their sobriety.

I am quite sure it is a very hard thing to do, but the Recovery House provides structure and discipline that is needed to get your life under control. It's hard to be away from kids and family and old friends...but I am thankful that all of you are giving yourself a brand new opportunity at life. There is soooooo much that this Tribe has to offer if you are willing to accept and embrace it.

I want to give a special CONGRATULATIONS to my Sister **Andrea Gonzales** for staying focused and making a better life for herself and her child. I am glad that she has found other tribal members to confide in that can help her see her way.

I LOVE YOU ANDY....KEEP UP THE GOOD WORK....EVERYTHING WILL FALL INTO PLACE...IT TAKES TIME.....!!!!!!

LUV,
Tam



In Loving Memory of Lester (Tunny) Nelson and Father, Lester Nelson



Happy 1st Birthday Kaylie Alfreda Elkins!
We love you so much!

Love,
Mom, Dad, Shaya and James



I Thank You - For My Children...

It hardly seems fair how their little bodies grow. It's like prying a piece a gold from hands one finger at a time. Pulling my heart strings and my tears. I ask myself everyday, "How did I get here?" Nothing compares to their smiles and good morning kisses. I love being a mother - this is truly a blessing in my life

Thank you to the Muckleshoot tribe and the Housing Authority for making it possible that my children have a beautiful new home to stay in, with no mold, free from lead and asbestos. Thank you for making it easier to care for my children. We are blessed.

Krystina Williams



Photos by Lisa



10-25-09 - happy 7th birthday, James Elkins!



November 20, 2009 - happy 12th birthday Shaykon Elkins



John III & Tamicka Elkins



Happy 1st Birthday, Kaylie (K-ball) October 12th



Happy 1st birthday tamicka elkins 9-25-09 with daddy John Elkins III



November 18th happy birthday Erica Elkins



Kaylie & dad John Elkins Jr.

Congratulations, Olivia!

Olivia Courville took 2nd in Jr. Girls Fancy Dance at the Skopapsh Pow-Wow and was runner up for Skopabsh Junior. Princess. Our family is extremely proud of her commitment to academics and athleticism!

Submitted by Madrienne Salgado



Tamicka and Kaylie with Grandpa John Elkins Jr.



Kandy & Ramona Elkins II

Come work for **Your** Tribe and make a difference!!!

The Muckleshoot Tribal Administration is looking to hire Tribal members to fill its new openings. Please visit us in the Tribal Administration Human Resources Department to see if we have any new openings that you might be interested in



Also see our opening on-line at www.muckleshoot.nsn.us

Enrollment

- Administrative Specialist I
- Enrollment Administrative Specialist II

Market and Deli

- Assistant Gas Station Manager
- On-Call Gas Station Clerk

Other

- Executive Assistant - ATOM - Community Development

Drop-In Center

- Administrative Specialist II (Part-Time)
- Security Officer

Head Start

- Family Services Coordinator
- Head Start Teacher's Aide

Muckleshoot Child Development Center

- Instructional Assistant
- Lead Teacher

Tribal College

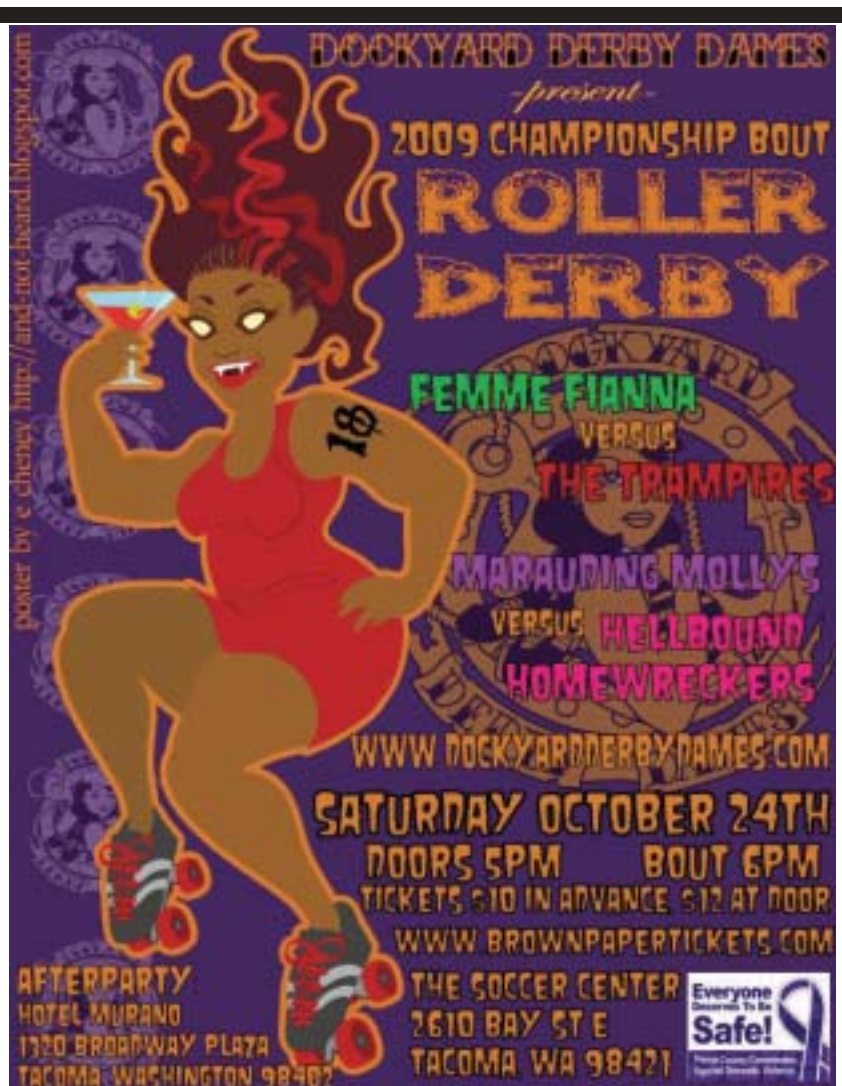
- Whulshootseed Language Specialist

Tribal School

- Gifted and Talented Program Teacher
- Grounds and Facilities Worker I
- Para-Professional
- Teacher (Secondary Multiple-Subject)

Youth Services

- Activities Coordinator



ROLLER DERBY!!! There will be roller derby championship bouts on Saturday, October 24 at the Soccer Center at 2610 Bay St. E. in Tacoma. Our own Fawn James skates for the Dockyard Dames and has advance sale tickets available for \$10.

MUCKLESHOOT TRIBAL ENROLLMENT

Any interested/eligible Muckleshoot parties seeking tribal enrollment please be advised that the following documentation is always needed for Muckleshoot tribal enrollment:

1. Enrollment application, filled out completely, front & back.
2. Original certified birth certificate (NO EXCEPTIONS.) (Signatures of both parents, if both are on certified birth certificate and under age 18.)
3. Original Social Security card.
4. Relinquishment must be completed, if enrolled in another tribe.
5. Name must match on all documents.

No copies are accepted. Until all documents are on file, no review process will begin.

MUCKLESHOOT INDIAN CASINO

You can now apply for jobs ON-LINE

Visit www.muckleshootcasino.com and click on "Career Opportunities" to view current job openings then complete your employment application. This on-line application can be completed 24 hours a day from the convenience of your home computer and/or at the Muckleshoot Indian Casino's Human Resources Office.

All you need is an e-mail address to set up your on-line application. If you do not have an e-mail address call
 Human Resources Hours:
 Monday – Wednesday 9am to 6pm
 Thursday 9am to 9pm
 Friday 9am to 5pm
 HR Phone Number 253-929-5128



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Program Officer: Center for Native Education, Antioch University

Antioch University Seattle is hiring for a Program Officer in the Center for Native Education. This position is responsible for managing a 2.5 million grant from the Bill and Melinda Gates Foundation. In addition the Program Manager will be responsible for development and oversight of Early College High Schools in multiple sites.

A successful candidate will have demonstrated grants and budget management, excellent oral and written communication, supervisory skills, and ability to communicate clearly with Tribal leaders and communities. This position will supervise two staff as well as independent contractors. Some travel may be required.

Qualifications: B.A. in Native Studies, Education, or related field. Masters' degree preferred. For more information and qualifications please visit the Antioch University Seattle website: <http://www.antiochseattle.edu/about/jobs.html>

EVENTS CALENDAR

- October 24** **Roller Derby!!!** -at the Soccer Center at 2610 Bay St. E. in Tacoma. Our own Fawn James skates for the Dockyard Dames and has advance sale tickets available for \$10.
- October 30** **Community Halloween Costume Party** - (Dress in your favorite costume, and you might win a prize!) 6:00-9:00 pm at Emerald Downs
- October 31** **Larry Moses Memorial** - 9:00am Head Stone blessing at White Lake Cemetary. Dinner to follow at Pentecostal Church. More info call Lisa Penn at 253-334-4134
- November 14** **Sheila James Memorial** - 10:00 am Head Stone Blessing at White Lake Cemetery. Dinner to follow at Pentecostal Church
- November 23** **Community Thanksgiving Dinner** - 6:00-9:00 pm Location: to be determined
- November 30** **Per Capita - Enrollment Cut off to receive March 2010 Per Capita**
- December 21** **Muckleshoot Tribal Christmas Party** - 6:00-9:00 pm Location: to be determined

CULTURAL WELLNESS GATHERINGS

AA Meeting Time

Muckleshoot Recovery House Mondays 12:00 Noon
 39225 180th Ave. SE,
 Auburn, WA 98092

Feather Healing Circle

39015 172nd Avenue SE Tuesdays 5:00 pm
 Auburn, WA

Fire Starters

Pentecostal Church Muckleshoot Wednesdays 7:00 pm
 39731 Auburn Enumclaw Road SE Fridays 7:00 pm
 Auburn, WA

Grief and Loss

Grief and Loss Support Group Wednesday's 6:00pm -8:00pm.
 Behavioral Health, Bear Lodge

Women's Group

Muckleshoot Tribal College Thursdays 5:00 pm

Boys Mentoring Group

Muckleshoot Behavioral Health Thursday's 4:30 pm to 9:00pm

Al-Anon Meetings

Auburn First United Methodist Church Monday 10:30 a.m.
 E. Main & N St. S.E.
 Auburn, WA 98002

Federal Way Sunrise

United Methodist Church Monday 6:30 pm
 150 S. 356th St.
 Federal Way, WA 98003

NOTICE

If you would like for me to post your Event to the tribes "Event" Intranet Calendar /Reader Board please go to:

<http://shasta:8080/>

There will be a link press on it and there you will find the Request to Post Form, please fill it out and submit it to me for posting.

Thank you,
 Lori Simonson
 Event Coordinator (253) 876-3377

Visit the Muckleshoot Tribe's **NEW WEBSITE!**

www.muckleshoot.nsn.us



Have you ever considered a career in gaming regulation?

THE MUCKLESHOOT GAMING COMMISSION

regularly posts openings at the Casino, Tribal Headquarters, and the Commission office. Because resumes and/or applications are accepted for open positions only, check often or call 253.735.2050 for current openings.



24-HOUR CRISIS LINE
1-866-4-CRISIS

Outdoor Adventures 2009

This year's Outdoor Adventure trip was held in the San Juan Islands. Twenty-five youth and four counselors arrived early August 23 at the Health and Wellness Center to load the busses. We arrived at Spencer State Park where we set up camp and headed down to the beach. Sunday night we relaxed around the campfire, drummed and debriefed the day.

Monday we were off for a long bike ride. We rode the bikes 14 miles to Agate Beach and then hiked to the caves. At the caves some of the youth explored while others decided to cliff jump off the jagged peaks. Many of the youth made the 14 miles bike ride back to camp. Monday evening's campfire was focused around understanding healthy relationships, identifying domestic violence, communication skills, and personal hygiene.

Tuesday was kayak day. Some of the youth fished from kayaks where others just kayaked around the islands, exploring the marine life. The fisherman/woman brought back tons of crab for an amazing crab dinner Tuesday evening. The youth worked on their personal goals as well as cooking/cleaning skills.

Wednesday we boarded the ferry to Orcas Island. The majority of the group enjoyed a beautiful hike at Mt Constitution. A few of us stayed behind for a swim in Mountain Lake. When we returned to base camp, the youth engaged in activities down at the beach. The games were focused around team building exercises, and personal success.

Thursday we cleaned up the base camp and headed off to Friday Harbor. The youth went to the Whale Museum where they all adopted a whale for the year. After eating ice cream we headed back to the Ferry to head home. Before the youth were dropped off to their parents we stopped off at Godfather's to debrief the week.

We had several youth really step up this year and show amazing leadership skills. Every year it amazes me to see these youth take risks, face their fears, and succeed as a team. I am really proud of all of them.

I would like to personally thank, Sharon Curley (Human Service Director) and Truth Griffith (Behavioral Health Director) for coming together and helping me to make this trip a huge success. I really appreciate how we all came together to ensure the youth were given this amazing experience again.

I would also like to thank the Muckleshoot staff that volunteered and attended the Outdoor Adventure trip, Debbie Guerrero and Sarah DogEagle as well as Lonnie Flesher. This trip could not have happened without you.

Lastly I would like to thank the Outdoor Adventure crew for their patience and knowledge. The Muckleshoot Tribal Youth adore you all. We truly appreciate all you do for us and the experiences you offer us year after year.

Stephanie Flesher

